



ON SALE 5<sup>TH</sup> MARCH 2025

**\$2.40**  
ea  
**SAVE 30¢**



Community Co  
Aussie Salad Mix  
110g or Baby Spinach  
& Rocket 100g



**Hot  
PRICE!**



**\$24**  
kg

**Australian Beef  
Rump Steak**



Serving suggestion

**IGA** WHERE THE *locals* MATTER



**50% OFF  
DOVE<sup>^</sup>**  
**\$8.50**  
ea  
**SAVE \$8.50**

Dove Body Wash 1 Litre  
Selected Varieties  
<sup>^</sup>excludes Travel Size, Low  
Prices Every Day & Price Match  
85¢ per 100mL



**\$1.35**  
ea  
**SAVE \$1.35**

John West Tuna 95g  
Selected Varieties  
\$14.21 per kg

**1/2  
PRICE**



**\$3**  
ea  
**SAVE \$3**

M&M's 130-180g, Pods 160g  
or Maltesers 120-140g Share  
Pack Selected Varieties



**\$2**  
ea  
**HOT BUY**

Arnott's Shapes 130-190g or  
Lays Stax 105g Selected Varieties



OVER 200 SAVINGS INSIDE



**NEVER MISS A 1/2 PRICE SPECIAL**  
Scan & subscribe to save!



— GREAT *Specials* —

**\$4.75**  
ea

SAVE \$4.75

Kellogg's Coco Pops Chex 500g or Sultana Bran 700g

Thins Chips 150-175g or Onion Rings 85g Selected Varieties

**\$2.50**  
ea

SAVE \$2.50



**1/2**  
**PRICE**



**\$2**  
ea

SAVE 50¢

Fantastic Rice Crackers 100g Selected Varieties \$2 per 100g



**\$3.95**  
ea

SAVE \$3.95

Moccona Coffee Sachets 8-10 Pack Selected Varieties



**\$4.45**  
ea

SAVE \$4.55

Smith's Crinkle Cut Chips, Doritos Corn Chips 380g or Red Rock Deli Chips 290g Party Size Selected Varieties



**\$3.50**  
ea

SAVE \$1.50

The Natural Confectionery Co. 130-230g or Sour Patch Kids Bag 190g Selected Varieties



Coca-Cola, Sprite, Fanta, Mount Franklin or Deep Spring 6x250mL Selected Varieties \$4.67 per Litre

**\$7**  
ea

SAVE \$3



**\$2**  
ea

SAVE \$1.50

Pepsi or Solo 1.25 Litre Selected Varieties \$1.60 per Litre



**\$3.50**  
ea

SAVE \$1.50

Pascall Marshmallows 280g or Pascall Lollies 150-300g Selected Varieties

# — GREAT *Specials* —



**50% OFF  
GARNIER FRUCTIS**

**\$4**  
ea

**SAVE \$4**

Garnier Fructis Shampoo or Conditioner 315mL Selected Varieties \$1.27 per 100mL



Kleenex Complete Clean Toilet Tissue 9 Pack 29¢ per 100 sheets

**\$4.50**  
ea

**SAVE \$4.50**



**1/2  
PRICE**



**\$14.50**  
ea

**SAVE \$14.50**

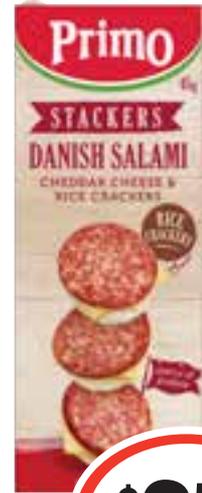
Dynamo Professional Laundry Liquid 2 Litre Selected Varieties \$7.25 per Litre



**\$6.25**  
ea

**SAVE \$6.25**

Cadbury Choc Tops 4 Pack \$2.26 per 100mL



**\$3.50**  
ea

**SAVE \$1**

Primo Stackers or Trios 45-57g Selected Varieties



**\$8.50**  
ea

**SAVE \$3.50**

Connoisseur Gourmet Ice Cream 4 Pack or Mini 6 Pack Selected Varieties



Weis Sorbet or Weis Half & Half 1 Litre Selected Varieties 70¢ per 100mL

**\$7**  
ea

**SAVE \$3**



Streets Cornetto Soft Ice Cream 4 Pack Selected Varieties \$1.52 per 100mL

**\$8.50**  
ea

**SAVE \$4**



— GREAT *Specials* —

Peters Drumstick 4 Pack or Minis 6 Pack Selected Varieties

**\$4.75** ea  
SAVE \$4.75



Peters Original Twin Pole 8 Pack Selected Varieties

**\$4** ea  
SAVE \$4

**1/2 PRICE**



**\$16** ea  
SAVE \$16

Dynamo Professional Discs 28 Pack Selected Varieties 57¢ each



Palmolive Ultra Dishwashing Liquid 500mL Selected Varieties 50¢ per 100mL

**\$2.50** ea  
SAVE \$2.50

BETTER THAN  
**1/2 PRICE**



Primo Wood Smoked Short Cut Rindless Bacon 175g \$17.14 per kg

**\$3** ea  
SAVE \$3.70



HYDRALYTE<sup>^</sup>  
**\$6.05** ea  
SAVE \$2.65

Hydralyte Effervescent Electrolyte Tablets 10 Pack Selected Varieties\*  
<sup>^</sup>excludes Price Match 61¢ each

**30% OFF RANGES**



Steradent Extra Strength Denture Cleansing Tablets 30 Pack 14¢ each

STERADENT  
**\$4.20** ea  
SAVE \$1.80

# — STOCK UP FOR *Easter* —



**1/2**  
**PRICE**



**\$14** ea  
**SAVE \$14**

Lindt Lindor Gift Box  
232-235g Selected Varieties



**\$5** ea  
**HOT BUY**

Nestlé Kit Kat, Smarties  
or After Eight Bunny 85g\*  
\$5.88 per 100g



**\$9** ea  
**SAVE \$4**

Lindt Lindor Chocolate  
Bag 123-125g  
Selected Varieties



**\$17.50** ea  
**SAVE \$7.50**

Darrell Lea Milk  
Chocolate Bunny 400g\*  
\$4.38 per 100g



**\$5.50** ea  
**LOW PRICE**

Darrell Lea  
Milk Chocolate  
Bilby 100g\*  
\$5.50 per 100g

\*Selected stores only. While stocks last.



— PICK OF THE *Crop* —

**\$4.50**  
kg

*Australian*  
**RED SEEDLESS GRAPES**

**\$3.50**  
kg

Australian William Pears

**\$4**  
kg

Australian Lebanese Cucumber

**\$3**  
ea  
**250G PACK**

Australian Cherry Tomatoes 250g  
\$12 per kg

**\$4.50**  
kg

Australian Green Capsicum

**\$3**  
kg

Australian Gold Sweet Potatoes

community Co

PROUDLY GIVES BACK TO LOCAL COMMUNITIES THROUGH

**\$2.40**  
ea  
**SAVE 30¢**

Community Co Aussie Salad Mix 110g or Baby Spinach & Rocket 100g

**\$4.30**  
ea  
**SAVE 50¢**

Community Co Asian Style Salad Kit 250g or Thai Style Salad Kit 285g

# — WHAT'S FOR *Dinner?* —



**Grown in Australia**

*Australian*  
**LAMB FOREQUARTER CHOPS**

**\$15** kg

**Grown in Australia**

**\$20** kg

Australian Economy  
Beef Porterhouse Steak

**Grown in Australia**

**\$24** kg

Australian Beef  
Rump Steak

**AUSTRALIAN PORK**

Australian Pork  
Midloin Chops

**\$16** kg

**Grown in Australia**

Australian Fresh  
Chicken Drumsticks

**\$4** kg

**\$17** kg

Marinated  
Beef Roast

Global Seafoods Raw  
Prawn Meat 500g  
(Imported Product)  
\$37 per kg

**\$1850** ea  
**SAVE \$2.50**

Global Seafoods  
Premium Basa  
Fish Fillets 1kg  
(Imported Product)  
\$11 per kg

**\$11** ea  
**SAVE \$1.50**



# — DELI *Delights* —



**\$1.40 PER 100G**  
**\$14** kg

*Irresistible*  
**SHORT CUT BACON**



**\$1.60 PER 100G**  
**\$16** kg

Deli Leg Ham  
Sliced or Shaved



**\$2.40 PER 100G**  
**\$24** kg

Roast Pork  
Sliced or Shaved



**\$1.30 PER 100G**  
**\$13** kg

Chicken Loaf  
Sliced or Shaved

# — DELI *Delights* —



Serving Suggestion

**BETTER THAN**  
**1/2**  
**PRICE**

**\$5.90** ea  
**SAVE \$6.05**

Tasmanian Heritage Double Brie or Camembert 200g  
 \$29.50 per kg

**\$5.10** ea  
**SAVE \$1.40**

South Cape Cream Cheese  
 200g Selected Varieties  
 \$25.50 per kg

**\$6.45** ea  
**LOW PRICE**

South Cape Danish Style  
 Fetta 200g Selected Varieties  
 \$32.25 per kg

**\$6** ea  
**SAVE \$1**

Lemnos Haloumi 180g Selected Varieties  
 \$33.33 per kg



# — BAKERY *Delights* —

Serving Suggestion

**1/2**  
**PRICE**

**\$3<sup>10</sup>**  
ea

6 Pack Selected Varieties



*Scrumptious*  
**TIP TOP MUFFINS**



Mr Kipling Slices 6 Pack  
Selected Varieties

**\$5**  
ea  
**LOW PRICE**



Pane Di Casa Loaf 500g  
Selected Varieties  
90¢ per 100g

**\$4<sup>50</sup>**  
ea



Golden  
Crumpet  
Squares 6 Pack

**\$3<sup>50</sup>**  
ea



Cheese  
& Bacon  
Pull-a-Part  
1 Pack

**\$5**  
ea



Wonder White  
or Wholemeal  
Bread 680-700g  
Selected Varieties

**\$4<sup>50</sup>**  
ea  
**LOW PRICE**



Abbott's Bakery  
Bread 680-800g  
Selected Varieties

**\$5**  
ea  
**LOW PRICE**



Serving Suggestion



The Happy Donut  
Co. Donuts 4 Pack  
Selected Varieties

**\$5**  
ea

# — EASTER *Faves* —



**PRICE  
MATCHED**



**\$4**  
ea  
**MATCHED**

Community Co Easter Buns  
6 Pack Selected Varieties

Serving Suggestion

# Bulla is Australia's #1 ice cream brand

**1/2**  
**PRICE**



**\$5** ea  
**SAVE \$5**

Bulla Creamy Classics Ice Cream  
2 Litre and 4 Pack Selected Varieties

## made with fresh milk & cream



**all Creamy Classics range available**

**Bulla**  
FAMILY DAIRY  
SINCE 1910

**unfakeable**

BETTER THAN

1/2

PRICE



\$3.25  
ea

SAVE \$4.15

Schweppes Mixers  
4x300mL Selected Varieties  
\$2.71 per Litre



**\$4** ea  
**SAVE \$3**

Menz Bumbles Milk  
Choc Honeycomb 525g  
76¢ per 100g



**\$3.25**  
ea  
**SAVE \$1.85**

Golden Circle Fruit Drink  
6x250mL Selected Varieties  
\$2.17 per Litre



# — SWEET Treats —

**Chupa Chups**  
WHAT'S YOUR FLAVOUR?  
VOTE NOW

**\$5.50** ea  
LOW PRICE

**Chupa Chups The Best Of Lollipops 25 Pack**  
\$1.83 per 100g

**Chupa Chups The Best Of Lollipops 8 Pack**  
\$2.08 per 100g

**\$2** ea  
SAVE 75¢

SCAN - VOTE - WIN

**WIN THE TOKYO DISNEYLAND**  
WORTH \$25,000  
+Stacks of sweet Chupa Chups merch instantly

Aus. and NZ only. Starts 1/12/25 8am AEST. Ends 31/12/25 9:59pm AEST. Keep product barcode(s). 1 entry/person/day. Draw: 12pm AEST. 1/5/25. L4, 4/1 Collins St, Melbourne, VIC 3000. Draw Prize: 1x trip to Tokyo for the winner and his/her family (2 adults & 2 children aged 4+ (7)) up to AU\$24,320/£2026.808.01. Instant win prizes: 2000 x 1-shirt of your design choice (from available options), subject to availability (7 size only) (AU\$25/£2052.13). Winners at www.whatyourchupachupsflavour.com ('Website') by 8/5/25. Promoters: Stuart Alexander & Co Pty Ltd RBN 430005827, L.S. 1 Small St, Ultimo NSW 2007, Australia & SNCP NEW ZEALAND LIMITED (58888) 278 Railway Road, Mirior, Palmerston North, New Zealand 4430. See Website for Terms and Conditions. RSP Authority No. 19152701. Permit No: ACT TP 24/09648 & SA 124/1280.

ADVERTISER PROMOTION

**Cadbury Favourites 520g Selected Varieties**  
\$2.12 per 100g

**\$11** ea

SAVE \$11



**Cadbury Share Pack 120-180g Selected Varieties**

**\$3.50** ea

SAVE \$3.50



**1/2 PRICE**

**\$1.25** ea

SAVE \$1.25

**Cadbury Medium Bar 30-55g or Violet Crumble 50g Selected Varieties**



**Darrell Lea Chocolate Block 160-180g or Life Savers 160-170g Selected Varieties**

**\$3** ea

SAVE \$3.95

BETTER THAN HALF PRICE



**Cadbury Roses Chocolate Box 420g**  
\$2.38 per 100g

**\$10** ea

SAVE \$10



**Life Savers Share Pack 150-200g Selected Varieties**

**\$2.50** ea

SAVE \$2.50



**Lindt Excellence 80-100g or Lindor Chocolate Block 100g Selected Varieties**

**\$4.95** ea

SAVE \$3.55



**Allen's Freckles, Jaffas or Nestlé Smarties Share Pack 160g**  
\$2.50 per 100g

**\$4** ea

SAVE \$2

# TASTY Snacks



**1/2  
PRICE**



PopCorners 130g or Simply Chips 120g Selected Varieties

**\$2.40** ea  
SAVE \$2.40



Arnott's Jatz, Savoy 225g, Clix or Salada 250g Selected Varieties

**\$3** ea  
SAVE \$1



Arnott's Cracker Chips, Sourdough Crisps 150g or Flatbread Dippers 130g Selected Varieties

**\$3.50** ea  
SAVE \$1



The Natural Chip Co. Chips 150-175g or CC's Corn Chips 175g Selected Varieties

**\$3.50** ea  
SAVE \$1.50



BelVita Breakfast Biscuits 253-300g or Cadbury Breakaway Milk Chocolate Biscuits 180g Selected Varieties

**\$3.50** ea  
SAVE \$1



Jack Link's Beef Jerky or Biltong 45-50g Selected Varieties

**\$5.35** ea  
LOW PRICE



Red Rock Deli Style Crackers 130-135g, Chips 150-165g or Tostitos 165-175g Selected Varieties

**\$3.90** ea  
SAVE \$1.10



ENJOY THE PERFECT  
**TREAT**



Arnott's Tim Tam Chocolate Biscuits 165-200g Selected Varieties

**\$4.50** ea  
SAVE \$1.50



Arnott's Tim Tam Deluxe Chocolate Biscuits 175g Selected Varieties \$2.86 per 100g

**\$5** ea  
SAVE \$1.50



Arnott's Treatles Biscuits 90g Selected Varieties \$5 per 100g

**\$4.50** ea  
SAVE \$1.50



— REFRESH *Me* —



**\$11<sup>30</sup>**  
ea  
**HOT BUY**

Pepsi, Solo or Schweppes  
10x375mL Selected Varieties  
\$3.01 per Litre



**\$3**  
ea  
**SAVE \$1**

Suntory Boss Coffee  
179-237mL Selected Varieties



**\$9**  
ea  
**SAVE \$6**

Kirks 10x375mL Selected Varieties  
\$2.40 per Litre



**\$8<sup>75</sup>**  
ea  
**HOT BUY**

Red Bull Energy Drink  
4x250mL Selected Varieties  
\$8.75 per Litre



**\$1<sup>70</sup>**  
ea  
**SAVE \$1.15**

Kirks 1.25 Litre  
Selected Varieties  
\$1.36 per Litre



**\$2<sup>90</sup>**  
ea  
**SAVE 95¢**

Bundaberg Brewed  
Drink 750mL  
Selected Varieties  
\$3.87 per Litre



**\$9<sup>60</sup>**  
ea  
**SAVE \$6.40**

Monster Energy  
Drink 4x500mL  
Selected Varieties  
\$4.80 per Litre



**\$12**  
ea  
**SAVE \$8**

Coca-Cola, Sprite  
or Fanta 12x300mL  
Selected Varieties  
\$3.33 per Litre



**\$2<sup>40</sup>**  
ea  
**SAVE \$1.60**

Maximus Sports  
Drink 1 Litre  
Selected Varieties  
\$2.40 per Litre



**\$3<sup>80</sup>**  
ea  
**HOT BUY**

V Energy Drink 500mL  
Selected Varieties  
\$7.60 per Litre

# FILL UP YOUR *Cup*



**1/2 PRICE**

**\$3.50** ea  
SAVE \$3.50

Lipton Tea Bags 100 Pack Selected Varieties  
\$1.75 per 100g

**\$13.50** ea  
HOT BUY

Nescafé Gold Original, Intense 200g or Smooth 180g

**\$13.75** ea  
SAVE \$4.15

Nestlé Milo Value Pack 1.1kg  
\$1.25 per 100g

**\$3.80** ea  
SAVE \$1.10

Lipton Quality Tips Loose Leaf Tea 250g  
\$1.52 per 100g

**\$14.50** ea  
HOT BUY

Nescafé Blend 43 Instant Coffee 250g Selected Varieties  
\$5.80 per 100g

**\$8.50** ea  
SAVE \$2.50

Nescafé Dolce Gusto 16 Pack or Starbucks Coffee Capsules 12 Pack Selected Varieties

**\$9** ea  
HOT BUY

Lavazza Ground Coffee 250g Selected Varieties  
\$3.60 per 100g

**\$5** ea  
SAVE \$2.05

Moccona Barista Reserve Coffee Capsules 10 Pack Selected Varieties  
\$9.62 per 100g

**\$19.50** ea  
SAVE \$6.50

Starbucks by Nespresso Coffee Capsules 36 Pack Selected Varieties

**PRICE MATCHED**

**\$3** ea  
MATCHED

Liddells Lactose Free Milk 1 Litre Selected Varieties  
\$3 per Litre

**\$3** ea  
SAVE 60¢

Golden Circle Nectar Fruit Drink 1 Litre Selected Varieties  
\$3 per Litre

**\$4.50** ea  
SAVE \$1.50

V8 Power Blend 1.25 Litre Selected Varieties  
\$3.60 per Litre



# FILL UP THE *Pantry*



**\$5**  
ea

**SAVE \$1**

Uncle Tobys Rolled Oats Quick Sachets 8-10 Pack or Weeties Cereal 510g Selected Varieties



**\$6**  
ea

**SAVE \$1.50**

Uncle Tobys Cheerios 450-560g Selected Varieties



**\$5.90**  
ea

**SAVE \$2.60**

Carman's Aussie Oat Clusters 450g Selected Varieties  
\$1.31 per 100g



**\$7**  
ea

**SAVE \$2**

Uncle Tobys Natural Style Swiss Blend Muesli 1kg  
70¢ per 100g



**\$5**  
ea

**SAVE \$1.40**

Arnott's Tiny Teddy Cereal 350g Selected Varieties  
\$1.43 per 100g



**\$4.75**  
ea

**LOW PRICE**

Uncle Tobys Le Snak 6 Pack Selected Varieties  
\$3.60 per 100g



**\$3**  
ea

**SAVE \$2**

Nice & Natural Chewy Muesli Bars 6 Pack Selected Varieties  
\$1.62 per 100g



**\$6.30**  
ea

**HOT BUY**

Capilano 100% Australian Pure Honey 500g  
\$1.26 per 100g

**1/2**  
**PRICE**

**20% PROTEIN.  
100% YUM.**

\*7g protein per bar



**\$3.35**  
ea

**SAVE \$3.35**

Uncle Tobys Protein Bars 5 Pack Selected Varieties  
\$1.91 per 100g

# FILL UP THE *Pantry*



**\$6**  
ea

**HOT BUY**

Riviana  
Basmati  
Rice 1kg  
60¢ per 100g



**\$4.50**  
ea

**HOT BUY**

MasterFoods  
Tomato or  
Barbecue  
Squeezy  
Sauce 920mL  
49¢ per 100mL



**\$2.75**  
ea

**HOT BUY**

Fountain Sauce 250mL  
Selected Varieties  
\$1.10 per 100mL



**\$3.50**  
ea

**HOT BUY**

Heinz Tomato  
Ketchup or Barbecue  
Sauce 500mL  
Selected Varieties  
70¢ per 100mL



**\$3.50**  
ea

**SAVE \$1**

Campbell's Real  
Stock 1 Litre  
Selected Varieties  
35¢ per 100mL



**\$3.50**  
ea

**SAVE \$1.10**

Dolmio Pasta  
Sauce 490-500g  
Selected Varieties



**\$2.75**  
ea

**SAVE \$2.10**

Vegeta Real Stock &  
Seasoning 200-250g  
Selected Varieties



**\$4.30**  
ea

**SAVE 50¢**

Leggo's Tomato  
Paste 500g  
Selected Varieties  
86¢ per 100g

## Meet Our Family

**\$2.30**  
ea

**SAVE 65¢**

San Remo Pasta 375-500g  
Selected Varieties

**San Remo**  
We're family.

For recipes visit [sanremo.com.au](http://sanremo.com.au)

[sanremopasta](http://sanremopasta)



# FILL UP THE *Pantry*



Praise Whole Egg Squeezy Mayo 470-500g Selected Varieties

**\$6** ea  
**SAVE \$2**



Heinz Seriously Good Mayonnaise, Aioli or Tartare 295mL Selected Varieties \$1.27 per 100mL

**\$3.75** ea  
**SAVE \$1.75**



Cadbury Baking Chocolate Chips 200g, Melts 225g or Block 180g Selected Varieties

**\$3.60** ea  
**SAVE \$2.40**



White Wings Cornflour 300g \$10 per kg

**\$3** ea  
**SAVE 40¢**



CSR Soft Icing Mixture 1kg 40¢ per 100g

**\$4** ea  
**HOT BUY**



CSR Raw Sugar 1kg 25¢ per 100g

**\$2.50** ea  
**HOT BUY**



Maggi Original Seasoning 200mL \$2.10 per 100mL

**\$4.20** ea  
**SAVE 80¢**



CSR Coconut Sugar 250g \$1.60 per 100g

**\$4** ea  
**MATCHED**

**PRICE MATCHED**



SPC Fruits in Juice or in Nectar 825g Selected Varieties 64¢ per 100g

**\$5.30** ea  
**MATCHED**

**Low Prices EVERY DAY**



John West Tuna Slices 125g Selected Varieties \$27.60 per kg

**\$3.45** ea  
**LOW PRICE**



John West Wild Alaskan Pink Salmon 415g \$19.28 per kg

**\$8** ea  
**LOW PRICE**

# FILL UP THE *Pantry*



Old El Paso Dinner Kit 290-520g Selected Varieties

**\$6.50** ea  
SAVE \$2



Continental Cup A Soup 2 Serve Selected Varieties

**\$2** ea  
SAVE 80¢



Mission Naan Bread 4 Pack or Mini 6 Pack Selected Varieties

**\$3.20** ea  
SAVE 90¢



Continental Pasta & Sauce 85-105g, Vegan Carbonara 85g or Rice 115-125g Selected Varieties

**\$2.25** ea  
SAVE 75¢



Mission Tortillas 12 Pack Selected Varieties 66¢ per 100g

**\$3.80** ea  
SAVE 70¢



Heinz Soup Of The Day 430g Selected Varieties 81¢ per 100g

**\$3.50** ea  
SAVE \$1



Kraft Easy Mac 4 Pack Selected Varieties Single Sell \$5 \$1.25 per 100g

MULTI-BUY  
**2 \$7** for  
SAVE \$3.20



Sirena Ready To Eat 170-190g Selected Varieties

**\$3.40** ea  
SAVE 90¢



**30% OFF**  
MUTTI



Mutti Polpa Finely Chopped Tomatoes 400g \$4 per kg

**\$1.60** ea  
SAVE 70¢



Mutti Passata Tomato Purée 700g 48¢ per 100g

**\$3.35** ea  
SAVE \$1.45

**MUTTI. WHEN YOU KNOW, YOU KNOW.**



— EASY *Meals* —

Serving Suggestion



**\$4.50**  
ea

**SAVE \$1.50**

Lean Cuisine Frozen Meal  
280g Selected Varieties  
\$1.61 per 100g



**\$5.20**  
ea

**HOT BUY**

San Remo Fresh Filled Pasta 350g Selected Varieties  
\$1.49 per 100g



**\$5.50**  
ea

**SAVE \$1.80**

Pacific West Spring Rolls 430g or Dim Sims 400g Selected Varieties



**\$4.60**  
ea

**SAVE \$1.20**

McCain Hash Browns 750g  
\$6.13 per kg



**\$3.50**  
ea

**HOT BUY**

McCain Frozen Vegetables 500g Selected Varieties  
\$7 per kg

**Low Prices EVERY DAY**



**\$4.20**  
ea

**LOW PRICE**

La Famiglia Kitchen Cheesy Garlic Bread 190g  
\$2.21 per 100g

# — FRIDGE Faves —



**\$2.60**  
ea

**HOT BUY**

Mildura Fruit Drink  
500mL Selected Varieties  
\$5.20 per Litre



**\$12.60**  
ea

**HOT BUY**

Jalna Pot Set Yoghurt  
2kg Selected Varieties  
63¢ per 100g



**\$5.50**  
ea

**SAVE \$1**

Original Juice Co  
Black Label Orange  
Juice 1.5 Litre  
Selected Varieties  
\$3.67 per Litre



**\$7**  
ea

**HOT BUY**

Jalna Pot Set Lactose  
Free Yoghurt or  
Farm to Pot Organic  
Greek Yoghurt 1kg  
Selected Varieties  
70¢ per 100g



**\$5**  
ea

**SAVE \$1.50**

Pauls Double  
Thick Creamy  
Custard 900g  
Selected Varieties  
56¢ per 100g



**\$1.70**  
ea

**SAVE \$1.20**

Pauls Plus+ Protein  
Yoghurt Pouch 150g  
Selected Varieties  
\$1.13 per 100g



**\$1.90**  
ea

**SAVE \$1**

Tamar Valley Greek  
Style Yoghurt 170g  
Selected Varieties  
\$1.12 per 100g



**\$1.90**  
ea

**SAVE 50¢**

Pauls Squeeze  
Custard 140g  
Selected Varieties  
\$1.36 per 100g



**\$4.40**  
ea

**SAVE \$1.10**

Dairy Farmers  
Thick & Creamy  
Yoghurt 550-600g  
Selected Varieties



**\$3.60**  
ea

**SAVE \$1.30**

Wicked Sister  
Desserts 2 Pack  
Selected Varieties



**\$4**  
ea

**SAVE 90¢**

Oak Flavoured  
Milk or Ice Break  
Real Coffee 750mL  
Selected Varieties  
\$5.33 per Litre



# — FRIDGE Faves —



**\$6** ea  
**HOT BUY**

Bega Sliced Cheese  
15 Pack Selected Varieties  
\$24 per kg



**\$7.50** ea  
**SAVE \$1.50**

Kraft Singles Cheese Slices  
24 Pack Selected Varieties  
\$17.36 per kg



**\$9.15** ea  
**SAVE \$1.30**

Mil LeI Parmesan  
Cheese Block 250g  
\$36.60 per kg



**\$7.50** ea  
**HOT BUY**

Devondale Butter  
Block 500g  
Selected Varieties  
\$1.50 per 100g



**\$4** ea  
**HOT BUY**

Flora Spread 500g  
Selected Varieties  
80¢ per 100g

**Low Prices EVERY DAY**



Red Rock  
Deli Dip 135g  
Selected Varieties  
\$3.33 per 100g

**\$4.50** ea  
**LOW PRICE**



Cheer Cheese  
Block 400g  
Selected Varieties  
\$18.75 per kg

**\$7.50** ea  
**LOW PRICE**



Western Star  
Spreadable 500g  
Selected Varieties  
\$1.34 per 100g

**\$6.70** ea  
**LOW PRICE**



Hutton's Smoked  
Short Cut Bacon 1kg  
\$14.90 per kg

**\$14.90** ea  
**LOW PRICE**



Primo Shaved or  
Sliced Meat 80-100g  
Selected Varieties  
Single Sell \$3.95

**2\$6.70**  
**LOW PRICE**



Tassal Sliced Smoked  
Salmon 100g  
\$92.50 per kg

**\$9.25** ea  
**LOW PRICE**

# — DESSERT *Faves* —



Peters Original Ice Cream 4 Litre Selected Varieties  
22¢ per 100mL

**\$8.70** ea

**SAVE \$2.20**



Cadbury Ice Cream Sticks 4 Pack Selected Varieties  
\$2.36 per 100mL

**\$8.50** ea

**SAVE \$3.50**



Streets Cyclone 8 Pack or Calippo Minis 10 Pack Selected Varieties

**\$7** ea

**SAVE \$2**



Bulla Murray St Ice Creamery 1 Litre Selected Varieties  
80¢ per 100mL

**\$8** ea

**SAVE \$4**



Weis Bar 4 Pack or Mini 6 Pack Selected Varieties

**\$6.50** ea

**SAVE \$3**



Peters Frosty Fruits 8 Pack or Fruit Stack 6 Pack Selected Varieties

**\$6** ea

**SAVE \$3**



Streets Golden Gaytime or Paddle Pop 1 Litre Selected Varieties  
70¢ per 100mL

**\$7** ea

**SAVE \$3**



Peters Maxibon 4 Pack Selected Varieties  
\$1.52 per 100mL

**\$8.50** ea

**SAVE \$3**



Streets Ice Cream Family Value 20 Pack  
\$1.33 per 100mL

**\$20** ea

**SAVE \$6**



# — FREEZER Faves —



**McCain**

**MEATLOVERS PIZZA SLICES**  
2 LAMB TO LEGS TOPPED PIZZAS

**CHEESE & BACON PIZZA SLICES**  
2 LAMB TO LEGS TOPPED PIZZAS

**\$7** ea  
**SAVE \$2**

McCain Pizza Slices 540-600g Selected Varieties

**HACK YOUR SNACK TIME**



Birds Eye Seasoned Sides 600g Selected Varieties \$9.33 per kg

**\$5.60** ea  
**SAVE \$1.40**



Four N Twenty Meat Pies 4 Pack Selected Varieties \$1.18 per 100g

**\$8.25** ea  
**HOT BUY**



Patties Mini Mix 40 Pack \$1.45 per 100g

**\$14.50** ea  
**SAVE \$3.50**



Birds Eye Deli Seasoned Chips, French Fries or Roast Potatoes 600g Selected Varieties \$8 per kg

**\$4.80** ea  
**SAVE \$2.20**



McCain Beer Batter Chips or Wedges 750g Selected Varieties \$5.33 per kg

**\$4** ea  
**SAVE \$1.80**



McCain Pub Style Crispy Cauliflower or Broccoli Fries 500g \$9 per kg

**\$4.50** ea  
**SAVE \$2**



Birds Eye Deli Frozen Seafood 225-250g Selected Varieties

**\$8** ea  
**SAVE \$2**



Birds Eye Fish Fingers 375g \$13.33 per kg

**\$5** ea  
**SAVE \$1.50**

# — PET Essentials —



Purina Fancy Feast Wet Cat Food 85g Selected Varieties  
\$1.18 per 100g

**\$1** ea  
**HOT BUY**



Purina Felix Wet Cat Food 12x85g Selected Varieties  
88¢ per 100g

**\$9** ea  
**SAVE \$5.50**



Purina Felix Cat Treats 60g Selected Varieties  
\$5 per 100g

**\$3** ea  
**SAVE \$1.50**



Dine Fresh & Fine Wet Cat Food 6x50g Selected Varieties  
\$1.78 per 100g

**\$5.35** ea  
**SAVE 95¢**



Dine Fillets Wet Cat Foods 60g Selected Varieties  
\$2.67 per 100g

**\$1.60** ea  
**SAVE 70¢**



Purina Friskies Dry Cat Food 700g Selected Varieties  
64¢ per 100g

**\$4.50** ea  
**SAVE \$1.10**



Dine Wet Cat Food 7x85g Selected Varieties  
\$1.18 per 100g

**\$7** ea  
**SAVE \$3**



Dine Creamy Treats 4x12g Selected Varieties  
\$5.83 per 100g

**\$2.80** ea  
**SAVE \$1.20**



Breeder's Choice Cat Litter 15 Litre  
\$1.13 per Litre

**\$17** ea  
**SAVE \$4.50**

**30% OFF**  
**TRILL<sup>^</sup>**



Trill Honey Sticks Bird Treats 3 Pack Selected Varieties  
\*excludes Low Prices Every Day  
\$2.81 per 100g

**\$2.95** ea  
**SAVE \$1.30**



Purina One Dry Cat Food 1.4-1.5kg Selected Varieties

**\$16** ea  
**SAVE \$4**



V.I.P. Dog Food Roll 3kg Selected Varieties (from the Meat Dept)  
23¢ per 100g

**\$6.75** ea  
**SAVE \$2.25**



# — PET *Essentials* —

## OPTIMUM™

Tailored nutrition for every life stage.



**VET RECOMMENDED**  
By Dr. Cherlene Lee

© 2025 Mars or Affiliates.



**\$110**  
ea

SAVE 80¢

Optimum Wet Dog Food 100g Selected Varieties  
\$1.29 per 100g



**\$240**  
ea

SAVE \$1.05

Optimum Wet Dog Food 400g Selected Varieties  
60¢ per 100g



**\$1610**  
ea

SAVE \$6.90

Optimum Dry Dog Food 2.5-3kg Selected Varieties



My Dog Wet Dog Food 100g Selected Varieties  
\$1.05 per 100g

**\$105**  
ea

SAVE 75¢



© 2025 Mars or Affiliates.

My Dog Dry Dog Food 1.5kg Selected Varieties  
65¢ per 100g

**\$980**  
ea

SAVE \$4.20

My Dog Tender Bites Gourmet Treats 100g Selected Varieties  
\$3.60 per 100g

**\$360**  
ea

SAVE 90¢

**Delicious Gourmet Food for Dogs**



**Pedigree**

Choose complete nutrition & healthy treats



**\$1050**  
ea

SAVE \$4.50

Pedigree Dry Dog Food 2.5-3kg Selected Varieties

**\$280**  
ea

HOT BUY

Pedigree Wet Dog Food 700g Selected Varieties  
40¢ per 100g

© 2025 Mars or Affiliates.

**SCHMACKOS**

Treat them to **LIP SCHMACKIN'™ TASTE**



**\$1190**  
ea

SAVE \$5.10

Schmackos Strapz or Stix Dog Treats 500g Selected Varieties  
\$2.38 per 100g



MADE WITH REAL MEAT



AUSTRALIAN MADE



NO ARTIFICIAL FLAVOURS

© 2025 Mars or Affiliates.

# — HOUSEHOLD *Essentials* —



BETTER THAN HALF PRICE

**\$3** ea

SAVE \$4

Bref Rim Block Toilet Cleaner 42-50g or Gel 600-700mL Selected Varieties



Finish Ultimate All in One Lemon Sparkle Dishwashing Tabs 45 Pack 63¢ each

50% OFF FINISH ULTIMATE PLUS

**\$28.50** ea

SAVE \$28.50



**\$18** ea

SAVE \$18

Cold Power Laundry Liquid 4 Litre Selected Varieties \$4.50 per Litre

**1/2 PRICE**



**\$10.50** ea

SAVE \$10.50

OMO 3 in 1 Laundry Capsules 17 Pack Selected Varieties 62¢ each



**\$7** ea

HOT BUY

Fab Laundry Liquid 1.8-2 Litre or Powder 1.8-2kg Selected Varieties



**\$9** ea

HOT BUY

Vanish NapiSan Oxi Action Stain Remover 1kg Selected Varieties \$9 per kg



**\$4.80** ea

HOT BUY

Finish Rinse and Shine Aid 250mL \$1.92 per 100mL



**\$4.95** ea

SAVE \$3.05

Pine O Clean Disinfectant Liquid 1.25 Litre Selected Varieties\* \$3.96 per Litre

**40% OFF**

DÉCOR FRESH SEAL AND VENT & SEAL



**\$3.90** ea

SAVE \$2.60

Décor Fresh Seal Clips Oblong Container 1 Litre

ARMOR ALL CAR CARE<sup>^</sup>

**\$11.55** ea

SAVE \$4.95



Armor All Protectant 300mL <sup>^</sup>excludes Low Prices Every Day \$3.85 per 100mL

**30% OFF**

RANGES



SELLOTAPE

**\$2.75** ea

SAVE \$1.20

Sellotape Sticky Tape 18mm x 25m with Dispenser 1 Pack



— HOME, HEALTH & *Baby* —



**\$16** ea  
**HOT BUY**

BabyLove Nappy Pants 22-34 Pack Selected Varieties



**\$3.95** ea  
**HOT BUY**

U By Kotex Pads 6-16 Pack Selected Varieties



**\$3.50** ea  
**HOT BUY**

Viva Paper Towel or Cooking Towel 3 Pack Selected Varieties



**\$4** ea  
**HOT BUY**

BabyLove Baby Wipes with Aloe, Chamomile & Vitamin E 80 Pack 55 per 100 units



**\$1.75** ea  
**SAVE 45¢**

Kiddylicious Veggie Straws, Tiddlers Raspberry 12g or Melts Strawberry and Banana 6g



**\$4.50** ea  
**SAVE \$1.30**

Quilton Gold Toilet Tissue 4 Ply 6 Pack 54¢ per 100 sheets

**1/2 PRICE**

**\$11.25** ea  
**SAVE \$11.25**

Energizer Max Plus AA or AAA Batteries 10 Pack \$1.15 each

**\$6.50** ea  
**HOT BUY**

Energizer Max AA or AAA Batteries 4 Pack \$1.63 each

**\$3.40** ea  
**SAVE 60¢**

Multix Super Strong Large Tidy Bags 18 Pack or Drawtight Extra Large Garden Bags 3 Pack

**\$4.50** ea  
**SAVE \$1.60**

Multix Alfoil or Non Stick Bake Paper 20m x 30cm 23¢ per metre

**\$2.60** ea  
**SAVE \$1.50**

Multix Cling Wrap 60m x 33cm 4¢ per metre

**\$2.15** ea  
**LOW PRICE**

Only Organic Baby Food 120g Selected Varieties \$1.79 per 100g

**\$30** ea  
**LOW PRICE**

Aptamil Gold Plus Stage 1 or 2 900g \$3.33 per 100g

**\$2.60** ea  
**LOW PRICE**

Kleenex Wellbeing Facial Tissues 95 Pack or Allergy Comfort 85 Pack Selected Varieties

# — HEALTH & Beauty —



**\$2.50**  
ea  
**SAVE \$2.50**

Dove Deodorant Roll On  
50mL Selected Varieties  
\$5 per 100mL



**50% OFF**  
**DOVE<sup>^</sup>**

<sup>^</sup>excludes Travel Size, Low Prices Every Day & Price Match

**\$5.75**  
ea  
**SAVE \$5.75**

Dove Advanced Care Antiperspirant Spray 250mL Selected Varieties \$2.30 per 100mL



Dove Beauty Cream Bar 2x90g Selected Varieties \$1.36 per 100g

**\$2.45**  
ea  
**SAVE \$2.45**



Dove Antiperspirant Spray 250mL Selected Varieties \$1.90 per 100mL

**\$4.75**  
ea  
**SAVE \$4.75**



Dove 0% Aluminium Salts Deodorant 200mL Selected Varieties \$2.13 per 100mL

**\$4.25**  
ea  
**SAVE \$4.25**

BIC Comfort 3 Advance Shavers 4 Pack 78¢ each

**50% OFF BIC MEN'S**  
**\$3.10**  
ea  
**SAVE \$3.10**



Redwin Sorbolene Daily Moisturiser 1.1 Litre 50¢ per 100mL

**\$5.50**  
ea  
**SAVE \$5.50**



**\$4**  
ea  
**SAVE \$4**

Colgate 360° Toothbrush 2 Pack or Total Mint Waxed Dental Floss 100m Selected Varieties



Colgate Total Premium Toothpaste 200g Selected Varieties \$2.75 per 100g

**\$5.50**  
ea  
**SAVE \$5.50**



**1/2 PRICE**

**50% OFF BIC WOMEN'S**  
**\$3.10**  
ea  
**SAVE \$3.10**



BIC Soleil Twilight Disposable Razors 4 Pack 78¢ each

Johnson's Facial Cleansing Wipes 25 Pack Selected Varieties 14¢ each



**\$3.60**  
ea  
**SAVE \$3.60**



OGX Shampoo or Conditioner 385mL Selected Varieties <sup>^</sup>excludes Low Prices Every Day, Price Match & Travel Size \$2.99 per 100mL

**50% OFF OGX<sup>^</sup>**  
**\$11.50**  
ea  
**SAVE \$11.50**



# — HEALTH & Beauty —



Palmolive Naturals Shampoo or Conditioner 350mL Selected Varieties  
\$1.14 per 100mL

**\$4**  
ea  
**HOT BUY**



Colgate Advanced Whitening or MaxFresh Toothpaste 115g Selected Varieties  
\$3.48 per 100g

**\$4**  
ea  
**SAVE \$2.50**



Palmolive Foaming Hand Wash 250mL Selected Varieties  
\$1.20 per 100mL

**\$3**  
ea  
**HOT BUY**



Palmolive Body Butter or Luminous Oils Body Wash 400mL Selected Varieties  
\$1.13 per 100mL

**\$4.50**  
ea  
**HOT BUY**



Palmolive Naturals Anti-Dandruff 2-in-1 Shampoo & Conditioner 350mL  
\$1.14 per 100mL

**\$4**  
ea  
**HOT BUY**



Difflam Plus Sore Throat Relief Lozenges 16 Pack Selected Varieties\*\*  
44¢ each

**\$7**  
ea  
**SAVE \$3**



Panadol Extra Paracetamol & Caffeine Caplets 16 Pack\*\*  
34¢ each

**\$5.50**  
ea  
**SAVE 90¢**



Napro Palette Hair Colour 1 Pack Selected Varieties

**\$8.50**  
ea  
**HOT BUY**



Isocol Rubbing Alcohol Antiseptic 345mL\*  
\$2.74 per 100mL

**\$9.45**  
ea  
**HOT BUY**



Betadine Sore Throat Gargle 120mL\*  
\$9.92 per 100mL

**\$11.90**  
ea  
**SAVE \$5.10**



Betadine Antiseptic Topical Solution 15mL\*  
\$65.33 per 100mL

**\$9.80**  
ea  
**SAVE \$4.20**



Medix Saline Nasal Spray 30mL  
\$17.83 per 100mL

**\$5.35**  
ea  
**SAVE \$1.40**

# Specials



## LIQUOR

**\$53**<sup>ea</sup>  
24 PACK



Heineken Lager

**\$55**<sup>ea</sup>  
24 PACK



Better Beer Zero Carb

**\$56**<sup>ea</sup>  
24 PACK



Peroni Nastro Azzurro

**\$63**<sup>ea</sup>  
30 CAN BLOCK



Great Northern Super Crisp

**\$66**<sup>ea</sup>  
30 CAN BLOCK



Victoria Bitter

**\$23**<sup>ea</sup>  
4 PACK



Brookvale Union Vodka 6% Varieties

**\$27**<sup>ea</sup>  
4 PACK



Kraken Spiced Rum 5.5% Varieties

**\$56**<sup>ea</sup>  
10 PACK



Jack Daniel's 4.8% Varieties

**\$63**<sup>ea</sup>  
10 PACK



Jim Beam Black Double Serve 6.9%

**\$48**<sup>ea</sup>



Smirnoff Red Label Vodka 700mL

**\$53**<sup>ea</sup>



Sheep Dog Peanut Butter Whiskey 700mL

**\$75**<sup>ea</sup>  
1 LITRE



Wild Turkey 81 Proof Bourbon

**6 \$74**  
for



Grant Burge Fifth Generation 750mL Varieties

**2 \$30**  
for



Journeyman 750mL Varieties

**2 \$32**  
for



De Bortoli King Valley or Fat Bastard 750mL Varieties

**\$12**<sup>ea</sup>



McGuigan Single Batch 750mL Varieties

**\$20**<sup>ea</sup>



Pepperjack 750mL Varieties

**\$30**<sup>ea</sup>



Jansz NV 750mL Varieties



Liquor offers available from 05/03/25 until 11/03/25 or while stocks last. Specials available in NSW & ACT IGA Liquor outlets only. Regional pricing may vary. IGA Liquor supports the responsible service of alcohol in accordance with the Liquor Act 2007 (NSW) and legislation to reduce smoking rates including the Tobacco Advertising Prohibition Act 1992 (Cth) and the Public Health (Tobacco) Act 2008 (NSW). It is against the law to sell, supply or obtain to supply to a person under the age of 18 years old. Quitting smoking will improve your health. Call Quitline 13 78 48, talk to your doctor or pharmacist or visit [www.quitnow.gov.au](http://www.quitnow.gov.au). We reserve the right to correct printing errors. Pricing available in-store only. Pricing and specials not available via 3rd party online delivery platforms.

LIKE US IGA Liquor  
 [IGALiquor.com.au](http://IGALiquor.com.au)

NSW  
100% Australian and independently owned.

**\$3.50**  
ea

**SAVE \$3.50**

Pedigree Dentastix  
Daily Oral Care 7 Pack  
Selected Varieties



**\$9.50**  
ea

**SAVE \$9.50**

SunRice Australian  
Medium Grain Calrose  
Rice or Brown Rice 5kg  
19¢ per 100g



**1/2**  
**PRICE**



**\$2.20**  
ea

**SAVE \$2.20**

Gatorade or Gatorade  
G-Active Electrolyte Water  
600mL Selected Varieties  
\$3.67 per Litre



**\$3.25**  
ea

**SAVE \$3.25**

Sanitarium  
Up & Go 3x250mL  
Selected Varieties  
\$4.33 per Litre



**\$3.50**  
ea

**SAVE \$3.50**

Nestlé Chocolate  
Block 118-180g  
Selected Varieties

OVER 200 SAVINGS INSIDE



**\$11.50**  
ea  
**HOT BUY**

Cheer Cheese  
Block 1kg  
Selected Varieties  
\$11.50 per kg



**\$19.50**  
ea  
**SAVE \$13**

Moccona Freeze  
Dried Coffee 400g  
Selected Varieties  
\$4.88 per 100g



**\$24.75**  
ea  
**SAVE \$16.50**

Coca-Cola  
24x375mL  
Selected Varieties  
\$2.75 per Litre

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit iga.com.au/pricematch. Specials not available at IGA X-press. Liquor products available only at IGA Plus Liquor stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors. Pricing and specials not available via 3rd party online delivery platforms.

Specials available at Belmore, Boambee, Bourke, Breakfast Point, Calala, Cessnock, Cobar (Linsley St), Cobar (Marshall St), Coffs Harbour, Condobolin, Cootamundra, Elmore Vale, Erina, Erskine Park, Georges Hall, Gilgandra, Gulgong, Harrington Waters, Horsley Park, Kempsey Central, Lightning Ridge, New Lambton, Moruya, Moss Vale, Nambucca Heads, Narrandera, Nyngan, Oberon, Orange, Orange (Summer Centre), Port Macquarie (Port Central), Quirindi, South Eveleigh, Tamworth, Taree, Taren Point, Thrumster, Timbertown, Wakeley, Warren, Wauchope, Wee Waa, Werrington, Woonona, Young.



To view specials at your store go to:  
[www.iga.com.au/catalogue](http://www.iga.com.au/catalogue)

Some products or varieties may not be available at all stores. While stocks last.

**ON SALE 5<sup>TH</sup> MARCH 2025**