



ON SALE 5<sup>TH</sup> MARCH 2025



**Hot  
PRICE!**



*Australian*

**WHOLE ECONOMY  
BEEF RIB FILLET**

**\$25** kg



Serving suggestion

**IGA** WHERE THE *locals* MATTER



**50% OFF  
DOVE<sup>^</sup>**  
**\$8.50** ea  
**SAVE \$8.50**

Dove Body Wash 1 Litre  
Selected Varieties  
<sup>^</sup>excludes Travel Size, Low  
Prices Every Day & Price Match  
85¢ per 100mL



**\$1.35** ea  
**SAVE \$1.35**

John West Tuna 95g  
Selected Varieties  
\$14.21 per kg

**1/2  
PRICE**



**\$3** ea  
**SAVE \$3**

M&M's 120-180g, Maltesers  
120-140g or Pods 160g Share  
Pack Selected Varieties



**\$2** ea  
**HOT BUY**

Arnott's Shapes 130-190g or  
Lay's Stax 105g Selected Varieties

OVER 200 SAVINGS INSIDE



**NEVER MISS A 1/2 PRICE SPECIAL**  
Scan & subscribe to save!



## — GREAT *Specials* —

**\$4.75**  
ea

SAVE \$4.75



Kellogg's Sultana Bran 700g or Coco Pops Chex 500g

**\$2.50**  
ea

SAVE \$2.50



Thins Chips 150-175g or Onion Rings 85g Selected Varieties

**1/2**  
**PRICE**



**\$3.95**  
ea

SAVE \$3.95

Moccona Coffee Sachets 8-10 Pack Selected Varieties



Smith's Crinkle Cut Chips 380g, Doritos Corn Chips 380g or Red Rock Deli Chips 290g Selected Varieties

**\$4.45**  
ea

SAVE \$4.45



Fantastic Rice Crackers 100g Selected Varieties \$2 per 100g

**\$2**  
ea

SAVE 50¢



The Natural Confectionery Co. 130-230g or Sour Patch Kids Bag 190g Selected Varieties

**\$3.50**  
ea

SAVE \$1.50



Coca-Cola, Sprite, Fanta, Mount Franklin or Deep Spring 6x250mL Selected Varieties \$4.67 per Litre

**\$7**  
ea

SAVE \$3



Pepsi or Solo 1.25 Litre Selected Varieties \$1.60 per Litre

**\$2**  
ea

SAVE \$1.50



Pascall Marshmallows 280g or Pascall Lollies 150-300g Selected Varieties

**\$3.50**  
ea

SAVE \$1.50



# — GREAT *Specials* —



**50% OFF  
GARNIER**

**\$4** ea

**SAVE \$4**

Garnier Fructis Shampoo or Conditioner 315mL Selected Varieties \$1.27 per 100mL



Kleenex Complete Clean Toilet Tissue 9 Pack 29¢ per 100 sheets

**\$4.50** ea

**SAVE \$4.50**



**1/2  
PRICE**



**\$14.50** ea

**SAVE \$14.50**

Dynamo Professional Laundry Liquid 2 Litre Selected Varieties \$7.25 per Litre



**\$6.25** ea

**SAVE \$6.25**

Cadbury Choc Tops 4 Pack \$2.26 per 100mL



**\$3.50** ea

**SAVE \$1**

Primo Stackers or Trios 45-57g Selected Varieties



**\$8.50** ea

**SAVE \$3.50**

Connoisseur Gourmet Ice Cream 4 Pack or Mini 6 Pack Selected Varieties



**\$7** ea

**SAVE \$3**

Weis Sorbet or Weis Half & Half 1 Litre Selected Varieties 70¢ per 100mL



**\$8.50** ea

**SAVE \$4**

Streets Cornetto Soft Ice Cream 4 Pack Selected Varieties \$1.52 per 100mL



# — STOCK UP FOR *Easter* —

**1/2  
PRICE**



**\$14** ea

**SAVE \$14**

Lindt Lindor Gift Box  
232-235g Selected Varieties



**\$5** ea

**SAVE \$1.50**

Nestlé Kit Kat, Smarties  
or After Eight Bunny 85g\*  
\$5.88 per 100g



**\$9** ea

**SAVE \$3.99**

Lindt Lindor Chocolate  
Bag 123-125g  
Selected Varieties



**\$4.75** ea

**HOT BUY**

Lindt Lindor Chocolate  
Mini Eggs Bag 90g  
Selected Varieties\*  
\$5.28 per 100g



**\$17.50** ea

**SAVE \$7.50**

Darrell Lea Milk  
Chocolate Bunny 400g\*  
\$4.38 per 100g

**Low  
Prices  
EVERY DAY**



**\$18** ea

**LOW PRICE**

Red Tulip Mixed Eggs Bag  
916g or Cadbury Dairy Milk  
Chocolate Eggs Bag 803g\*



**\$5.50** ea

**LOW PRICE**

Darrell Lea Milk  
Chocolate Bilby 100g\*  
\$5.50 per 100g



# WHAT'S **NEW**



**EXCLUSIVE**  
TO **IGA** & INDEPENDENTS



Ben's Original Long  
Grain Rice 250g  
68¢ per 100g

**\$1.70**  
ea  
**HOT BUY**

## Real fast, real delicious

# EXTRA *Specials*



AUSTRALIAN  
PORK

IGA Bone In Half  
Leg Ham

**\$8<sup>99</sup>**  
kg



Australian Whole  
Economy Beef  
Porterhouse

**\$18<sup>99</sup>**  
kg



\$2 PER 100G

**\$19<sup>99</sup>**  
kg

SAVE \$12.51

Boneless Leg Ham  
Sliced or Shaved



**\$4<sup>99</sup>**  
ea

SAVE \$1.31

Suprema Cinnamon  
Scrolls 4 Pack  
\$1.16 per 100g

**HOT PRICE GUARANTEED**  
AVAILABLE WEDNESDAY 5<sup>TH</sup> - TUESDAY 11<sup>TH</sup> MARCH 2025



# EXTRA *Specials*

BETTER THAN  
**1/2**  
PRICE



Cadbury Chocolate  
Medium Bar 30-55g  
Selected Varieties

**\$1**  
ea  
SAVE \$1.50



Pepsi 30x375mL  
Selected Varieties  
\$2.04 per Litre

**\$23**  
ea  
SAVE \$5



Twisties, Burger  
Rings, Cheetos or  
Toobs 125-270g  
Selected Varieties

**\$3.20**  
ea  
SAVE 80¢

**HOT PRICE GUARANTEED**  
AVAILABLE WEDNESDAY 5<sup>TH</sup> - TUESDAY 11<sup>TH</sup> MARCH 2025

# EXTRA *Specials*



Sara Lee Cheese Cake  
or Bavarian 360-410g  
Selected Varieties

**\$4<sup>25</sup>**  
ea

**SAVE \$2.55**



Tuscany Shredded  
Tasty Cheese  
Family Size 750g  
\$10 per kg

**\$7<sup>50</sup>**  
ea

**SAVE \$2.90**



SunRice Microwave  
Cups 2 Pack  
Selected Varieties

**\$1<sup>80</sup>**  
ea

**SAVE \$1.70**

**HOT PRICE GUARANTEED**  
**AVAILABLE WEDNESDAY 5<sup>TH</sup> - TUESDAY 11<sup>TH</sup> MARCH 2025**



# EXTRA *Specials*



Quilton Toilet  
Tissue 3 Ply 36  
Roll Value Pack  
27¢ per 100 sheets

**\$17<sup>50</sup>**  
ea

**SAVE \$5.40**

BETTER THAN  
**1/2**  
PRICE



Brunnings Naturally  
Good Potting  
Mix 25 Litre

**\$3<sup>95</sup>**  
ea

**SAVE \$4.55**



Nature's Gift Wet  
Dog Food 700g  
Selected Varieties  
28¢ per 100g

**\$1<sup>95</sup>**  
ea

**SAVE \$1.55**

BETTER THAN  
**1/2**  
PRICE



OMO Laundry Liquid  
2 Litre, Powder 2kg  
or Capsule 28 Pack  
Selected Varieties

**\$13<sup>50</sup>**  
ea

**SAVE \$14.50**

**HOT PRICE GUARANTEED**  
**AVAILABLE WEDNESDAY 5<sup>TH</sup> - TUESDAY 11<sup>TH</sup> MARCH 2025**



# PICK OF THE *Crop*




**\$4** ea

125g  
\$32 per kg

*Australian*  
**PRE-PACKED RASPBERRIES**



Australian Red Seedless Grapes



**\$4.90** kg



Australian Yellow or White Nectarines



**\$3.50** kg



Australian William Pears



**\$3.50** kg




**\$1.90** kg

Australian Seedless Watermelon




**\$2.90** ea

Australian Baby Cos Lettuce Twin Pack




**\$4.50** kg

Australian Broccoli




**\$2.50** ea

Australian Celery



**\$9.99** kg

Dates  
(Imported Product)



**\$9.90** ea

Cashew and Macadamia Mix 425g  
\$23.29 per kg

**425G PACK**



**\$2.40** ea

Community Co Aussie Salad Mix 110g or Spinach & Rocket Mix 100g



**\$4.30** ea

Community Co Thai Salad Kit 285g or Asian Salad Kit 250g



# — WHAT'S FOR *Dinner?* —



VIEW RECIPE



Serving Suggestion



**\$21.99** kg



*Australian*  
**BEEF RUMP STEAK**



Australian Lamb  
Rump Steak

**\$29** kg



Australian Beef  
Round BBQ Steak

**\$18** kg



Australian Extra  
Lean Beef Mince  
(1kg Minimum)

**\$18** kg



Australian  
Pork Scotch  
Fillet Steak

**\$19** kg



Australian Diced  
or Stir Fry Beef

**\$20** kg



Australian  
Whole Beef  
Eye Fillet

**\$39** kg



Sape & Sons  
Thin BBQ  
Sausages  
480g Selected  
Varieties  
\$1.25 per 100g

**\$6** ea



Australian  
Chicken  
Drumsticks

**\$4** kg



Australian  
Cooked Medium  
Tiger Prawns  
(Thawed For Your  
Convenience)

**\$25** kg





## — DELI *Delights* —



**\$1.80 PER 100G**  
**\$18** kg  
**SAVE \$5**

*Irresistible*  
**SHORT CUT BACON**



**\$1.65 PER 100G**  
**\$16.50** kg  
**SAVE \$3**

Deli Leg Ham  
 Sliced or Shaved



**\$1.30 PER 100G**  
**\$13** kg  
**SAVE \$3**

Chicken Loaf or Roll  
 Sliced or Shaved



**\$6** ea

Creamy Coleslaw,  
 Potato or Pasta  
 Salad Large Tub  
 Selected Varieties



**\$1.75 PER 100G**  
**\$17.50** kg  
**SAVE \$5**

Kransky Selected  
 Varieties



**\$2.40 PER 100G**  
**\$24** kg  
**SAVE \$4.50**

Roast Pork  
 Sliced or Shaved



**\$7** ea  
**LOW PRICE**

Primo Chorizo  
 2 Pack 250g  
 \$28 per kg



**\$11** ea  
**LOW PRICE**

Tasmanian Heritage  
 Marinated Fetta 350g  
 \$31.43 per kg



**\$3.95** ea  
**LOW PRICE**

AusFresh Olives  
 or Antipasto 150g  
 Selected Varieties  
 \$26.33 per kg



# — DELI *Delights* —



Serving Suggestion

**1/2  
PRICE**



Tasmanian Heritage Double Brie or Camembert 200g  
\$29.50 per kg

**\$5<sup>90</sup>**  
ea

**SAVE \$6.05**



Lemnos Haloumi 180g  
Selected Varieties  
\$33.33 per kg



**\$6**  
ea

**HOT BUY**



South Cape Greek or Danish Style Fetta 200g  
Selected Varieties  
\$32.25 per kg



**\$6<sup>45</sup>**  
ea

**LOW PRICE**



South Cape Cream Cheese 200g  
Selected Varieties  
\$25.50 per kg



**\$5<sup>10</sup>**  
ea

**SAVE \$1.40**





# — BAKERY *Delights* —

Serving Suggestion

**\$6** ea  
**SAVE 50¢**

500g Selected Varieties  
\$1.20 per 100g

*Scrumptious*  
**PAPA JOE'S BREAD**

**1/2 PRICE**

Tip Top Muffins 6 Pack  
Selected Varieties  
78¢ per 100g

**\$3.10** ea  
**SAVE \$3.10**

**\$5** ea  
**SAVE \$1.10**

Cheese & Bacon Pull-a-Part  
\$1.33 per 100g

Community Co. Pane Di Casa  
Loaf 500g  
Selected Varieties  
90¢ per 100g

**\$4.50** ea  
**SAVE 50¢**

**\$2** ea

Bakers Maison  
Banh Mi Roll 2 Pack  
\$1.43 per 100g

**\$3.50** ea  
**SAVE \$1.50**

Golden Crumpet Squares 6 Pack  
82¢ per 100g

**\$4** ea  
**SAVE \$1**

Simson's Pantry  
Super Soft Mini White Wraps 12 Pack  
\$1.19 per 100g

**\$5** ea  
**LOW PRICE**

Mission Wraps  
6-8 Pack  
Selected Varieties

Serving Suggestion

**\$5** ea  
**SAVE \$1**

Happy Co.  
Donuts 4 Pack  
Selected Varieties



# — EASTER *Faves* —



Serving Suggestion

**PRICE  
MATCHED**



Community Co Easter Buns 4-6 Pack  
or Mini 9 Pack Selected Varieties



**\$4** ea  
**MATCHED**



Cadbury Mini Eggs Choc Cakes 115g  
\$4.30 per 100g

**\$5.80** ea  
**SAVE \$1.10**



Cadbury Creme Egg Cakes 135g  
\$4.07 per 100g

**\$5.50** ea  
**SAVE \$1**

# EXTRA *Specials*



**Australian Boneless  
Pork Leg Roast**

**\$8<sup>99</sup>**  
kg



**Australian Pork Fillets**

**\$13<sup>99</sup>**  
kg



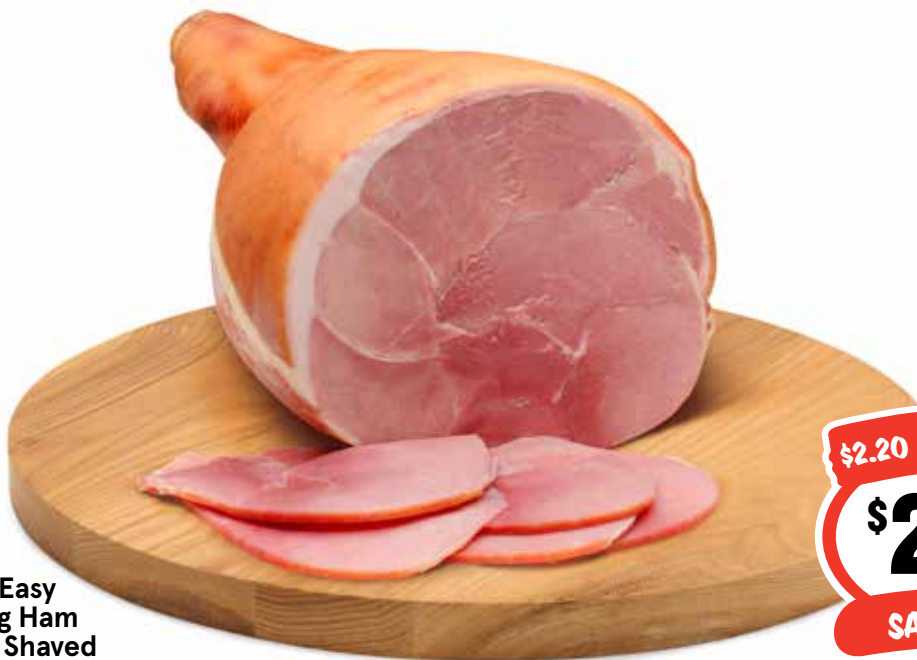
**Australian Beef  
Rump Steak**

**\$21<sup>99</sup>**  
kg

**HOT PRICE GUARANTEED**  
**AVAILABLE UNTIL TUESDAY 1<sup>ST</sup> APRIL 2025**



# EXTRA *Specials*



Sunpork Easy  
Carve Leg Ham  
Sliced or Shaved

\$2.20 PER 100G

**\$22** kg

SAVE \$6



Chicken Garlic Kiev

**\$2.50** ea

SAVE 50¢



Skin On Cocktail or  
Thin Frankfurts

70¢ PER 100G

**\$7** kg

SAVE \$2.50

**HOT PRICE GUARANTEED**  
AVAILABLE UNTIL TUESDAY 1<sup>ST</sup> APRIL 2025

# EXTRA *Specials*



**Your Bakery Bar**  
Cakes 300-370g  
Selected Varieties

**\$4<sup>50</sup>**  
ea  
**SAVE 80¢**

**PRICE  
MATCHED**



**Bakers Oven Dinner  
Rolls 6 Pack**  
\$1.24 per 100g

**\$2<sup>60</sup>**  
ea  
**MATCHED**

**HOT PRICE GUARANTEED**  
**AVAILABLE UNTIL TUESDAY 1<sup>ST</sup> APRIL 2025**



# EXTRA *Specials*



**Australian Gold  
Sweet Potatoes**



**\$2.50**  
kg



**Australian Cherry  
Tomatoes 250g**  
\$11.96 per kg



**\$2.99**  
ea

**250G PACK**



**Australian Washed  
Potatoes 2kg**  
\$2.50 per kg



**\$5**  
ea

**2KG BAG**

## MIX 'N' MATCH *ANY 2 FOR \$14*



**Dry Roasted and Salted  
Pistachios 270g**  
\$25.93 per kg



**Fiesta Nut Mix or Stamina  
Nut Mix 500g**  
\$14 per kg



**Roasted Mixed Nuts 450g**  
\$15.56 per kg

**HOT PRICE GUARANTEED**  
**AVAILABLE UNTIL TUESDAY 1<sup>ST</sup> APRIL 2025**



# — SWEET Treats —

**Chupa Chups**

**WHAT'S YOUR FLAVOUR? VOTE NOW**

**\$5.50** ea  
LOW PRICE

**Chupa Chups The Best Of Lollipops 25 Pack**  
\$1.83 per 100g

**Chupa Chups The Best Of Lollipops 8 Pack**  
\$2.08 per 100g

**\$2** ea  
SAVE 75¢

SCAN - VOTE - WIN

**WIN A TRIP TO THE TOKYO DISNEYLAND**

**WORTH \$25,000**

+Stacks of sweet Chupa Chups merch instantly

Aus. and NZ only. Starts 1/2/25 Sun AEST. Ends 30/4/25 11:58pm AEST. Keep product barcode(s). 1 entry/person/day. Draw: 12pm AEST, 1/5/25. L4, 4th Collins St, Melbourne, VIC 3000. Draw Prize: 1 x trip to Tokyo for the winner and his/her family (2 adults & 2 children aged 4-17) (up to AU\$24,320/NZ\$25,800.19). Instant win prizes: 2000 x 1 shirt of your design choice (from available options), subject to availability (1 size only) (AU\$20/NZ\$22.73). Winners at www.whatyourchupachipsflavour.com/Website by 8/5/25. Promoters: Stuart Alexander & Co Pty Ltd ABN 43000056677, L 3, 1 Small St, Ultimo NSW 2007, Australia & DNS11 NEW ZEALAND LIMITED (56698), 279 Railway Road, Milson, Palmerston North, New Zealand 4410. See Website for Terms and Conditions. NSW Authority No. TPYC3701. Permit No: ACT TP 24/01848 & SA T24/1230.

**Cadbury Favourites 520g Selected Varieties**  
\$2.12 per 100g

**\$11** ea  
SAVE \$11

**Violet Crumble Medium Bar 50g**  
\$2.50 per 100g

**\$1.25** ea  
SAVE \$1.25

**1/2 PRICE**

**Cadbury Roses Chocolate Box 420g**  
\$2.38 per 100g

**\$10** ea  
SAVE \$10

**Cadbury Share Pack 120-180g Selected Varieties**

**\$3.50** ea  
SAVE \$3.50

**BETTER THAN HALF PRICE**

**\$3** ea  
SAVE \$3.95

**Darrell Lea Chocolate Block 160-180g or Life Savers 160-170g Selected Varieties**

**\$2.50** ea  
SAVE \$2.50

**Life Savers Share Pack 150-200g Selected Varieties**

**Darrell Lea Soft Centres 255g, Rocklea Road 290g or Bullets Mixed Raspberry 400g**

**\$8** ea  
SAVE \$6

**Lindt Excellence 80-100g or Lindor Chocolate Block 100g Selected Varieties**

**\$4.95** ea  
SAVE \$3.55

**Allen's Freckles, Jaffas or Nestlé Smarties Share Pack 160g**  
\$2.50 per 100g

**\$4** ea  
SAVE \$2



# — TASTY *Snacks* —



Mission Deli Style Tortilla or Corn Strips 500g Selected Varieties  
\$1.30 per 100g

**\$6<sup>50</sup>**  
ea

**SAVE \$1**



Arnott's Jatz, Savoy 225g, Clix or Salada 250g Selected Varieties

**\$3**  
ea

**SAVE \$1**



PopCorners 130g or Simply Chips 120g Selected Varieties

**1/2**  
**PRICE**

**\$2<sup>40</sup>**  
ea

**SAVE \$2.40**



Arnott's Cracker Chips, Sourdough Crisps 150g or Flatbread Dippers 130g Selected Varieties

**\$3<sup>50</sup>**  
ea

**SAVE \$1**



The Natural Chip Co. Chips 150-175g or CC's Corn Chips 175g Selected Varieties

**\$3<sup>50</sup>**  
ea

**SAVE \$1.50**



BelVita Breakfast Biscuits 253-300g or Cadbury Breakaway Milk Chocolate Biscuits 180g Selected Varieties

**\$3<sup>50</sup>**  
ea

**SAVE \$1**



Jack Link's Beef Jerky or Biltong 45-50g Selected Varieties

**\$5<sup>35</sup>**  
ea

**LOW PRICE**



Red Rock Deli Style Crackers 130-135g, Chips 150-165g or Tostitos 165-175g Selected Varieties

**\$3<sup>90</sup>**  
ea

**SAVE \$1.10**



Arnott's Tim Tam Chocolate Biscuits 165-200g Selected Varieties

**\$4<sup>50</sup>**  
ea

**SAVE \$1.50**



Arnott's Tim Tam Deluxe Chocolate Biscuits 175g Selected Varieties  
\$2.86 per 100g

**\$5**  
ea

**SAVE \$1.50**



Arnott's Treatles Biscuits 90g Selected Varieties  
\$5 per 100g

**\$4<sup>50</sup>**  
ea

**SAVE \$1.50**



**IGA**

— REFRESH *Me* —

**1/2  
PRICE**



Bubly  
Sparkling Water  
8x375mL  
Selected  
Varieties  
\$2.77 per Litre

**\$8<sup>30</sup>**  
ea

**SAVE \$8.35**



Pepsi,  
Solo or  
Schweppes  
10x375mL  
Selected  
Varieties  
\$3.01 per Litre

**\$11<sup>30</sup>**  
ea

**HOT BUY**



Suntory  
Boss Coffee  
179-237mL  
Selected  
Varieties

**\$3**  
ea

**SAVE \$1**



Kirks 10x375mL  
Selected Varieties  
\$2.40 per Litre

**\$9**  
ea

**SAVE \$6**



Schweppes  
Mixers 4x300mL  
Selected Varieties  
\$4.58 per Litre

**\$5<sup>50</sup>**  
ea

**HOT BUY**



Red Bull Energy  
Drink 4x250mL  
Selected Varieties  
\$8.75 per Litre

**\$8<sup>75</sup>**  
ea

**HOT BUY**



Kirks 1.25 Litre  
Selected Varieties  
\$1.36 per Litre

**\$1<sup>70</sup>**  
ea

**SAVE \$1.15**



Bundaberg Brewed  
Drink 750mL  
Selected Varieties  
\$3.87 per Litre

**\$2<sup>90</sup>**  
ea

**SAVE 95¢**



Monster Energy  
Drink 4x500mL  
Selected Varieties  
\$4.80 per Litre

**\$9<sup>60</sup>**  
ea

**SAVE \$6.41**



Coca-Cola, Sprite  
or Fanta 12x300mL  
Selected Varieties  
\$3.33 per Litre

**\$12**  
ea

**SAVE \$8**



Maximus Sports  
Drink 1 Litre  
Selected Varieties  
\$2.40 per Litre

**\$2<sup>40</sup>**  
ea

**SAVE \$1.60**



V Energy Drink 500mL  
Selected Varieties  
\$7.60 per Litre

**\$3<sup>80</sup>**  
ea

**HOT BUY**



# FILL UP YOUR *Cup*



**1/2  
PRICE**



Lipton Tea  
Bags 100 Pack  
Selected  
Varieties  
\$1.75 per 100g

**\$3.50**  
ea

**SAVE \$3.50**



Nescafé  
Gold  
Original,  
Intense  
200g or  
Smooth  
180g

**\$13.50**  
ea

**HOT BUY**



Nestlé  
Milo Value  
Pack 1.1kg  
\$1.25 per 100g

**\$13.75**  
ea

**SAVE \$4.15**



Lavazza Ground  
Coffee 250g  
Selected Varieties  
\$3.60 per 100g

**\$9**  
ea

**HOT BUY**



Nescafé Blend 43  
Instant Coffee 250g  
Selected Varieties  
\$5.80 per 100g

**\$14.50**  
ea

**HOT BUY**



Nescafé Dolce  
Gusto 16 Pack or  
Starbucks Coffee  
Capsules 12 Pack  
Selected Varieties

**\$8.50**  
ea

**SAVE \$2.50**



Sanitarium So Good  
Vanilla Soy Milk  
or High Protein  
Almond Milk 1 Litre  
\$2.50 per Litre

**\$2.50**  
ea

**SAVE 50¢**



Moccona Barista  
Reserve Coffee  
Capsules 10 Pack  
Selected Varieties  
\$9.62 per 100g

**\$5**  
ea

**SAVE \$2.05**



Starbucks by  
Nespresso Coffee  
Capsules 36 Pack  
Selected Varieties

**\$19.50**  
ea

**SAVE \$6.50**

**PRICE  
MATCHED**



Liddells Lactose  
Free Milk 1 Litre  
Selected Varieties  
\$3 per Litre

**\$3**  
ea

**MATCHED**



Golden Circle Nectar  
Fruit Drink 1 Litre  
Selected Varieties  
\$3 per Litre

**\$3**  
ea

**SAVE 60¢**



V8 Power  
Blend 1.25 Litre  
Selected Varieties  
\$3.60 per Litre

**\$4.50**  
ea

**SAVE \$1.50**





## — FILL UP THE *Pantry* —

**1/2  
PRICE**



**\$2.50**  
ea

**SAVE \$2.50**

Uncle Tobys Rolled Oats  
Protein or Ancient Grains 490g  
51¢ per 100g



**\$5**  
ea

**SAVE \$1**

Uncle Tobys Rolled Oats  
Quick Sachets 8-10 Pack  
or Weeties Cereal 510g  
Selected Varieties



**\$5.90**  
ea

**SAVE \$2.60**

Carman's Aussie  
Oat Clusters 450g  
Selected Varieties  
\$1.31 per 100g



**\$6**  
ea

**SAVE \$1.50**

Uncle Tobys  
Cheerios 450-560g  
Selected Varieties



**\$7**  
ea

**SAVE \$2**

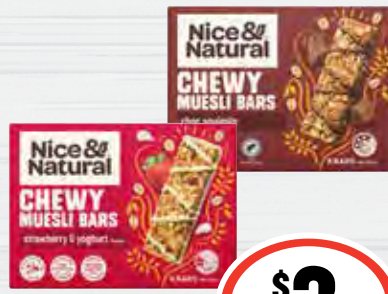
Uncle Tobys  
Natural Style Swiss  
Blend Muesli 1kg  
70¢ per 100g



**\$4.75**  
ea

**LOW PRICE**

Uncle Tobys Le Snak  
6 Pack Selected Varieties  
\$3.60 per 100g



**\$3**  
ea

**SAVE \$2**

Nice & Natural Chewy  
Muesli Bars 6 Pack  
Selected Varieties  
\$1.62 per 100g



**\$6.30**  
ea

**HOT BUY**

Capilano 100%  
Australian Pure  
Honey 500g  
\$1.26 per 100g

**1/2  
PRICE**

**20% PROTEIN:  
100% YUM.**

\*7g protein per bar



**\$3.35**  
ea

**SAVE \$3.35**

Uncle Tobys Protein Bars  
5 Pack Selected Varieties  
\$1.91 per 100g



# — FILL UP THE *Pantry* —



**\$6**  
ea

**HOT BUY**

Riviana  
Basmati  
Rice 1kg  
60¢ per 100g



**\$4.50**  
ea

**HOT BUY**

MasterFoods  
Tomato or  
Barbecue  
Squeezy  
Sauce 920mL  
49¢ per 100mL



**\$2.75**  
ea

**HOT BUY**

Fountain Sauce 250mL  
Selected Varieties  
\$1.10 per 100mL



**\$3.50**  
ea

**HOT BUY**

Heinz Tomato  
Ketchup or Barbecue  
Sauce 500mL  
Selected Varieties  
70¢ per 100mL



**\$3.50**  
ea

**SAVE \$1**

Campbell's Real  
Stock 1 Litre  
Selected Varieties  
35¢ per 100mL



**\$3.50**  
ea

**SAVE \$1.10**

Dolmio Pasta  
Sauce 490-500g  
Selected Varieties



**\$2.75**  
ea

**SAVE \$2.10**

Vegeta Real Stock &  
Seasoning 200-250g  
Selected Varieties



**\$4.30**  
ea

**SAVE 50¢**

Leggo's Tomato  
Paste 500g  
Selected Varieties  
86¢ per 100g

## Meet Our Family



**\$2.30**  
ea

**SAVE 65¢**

San Remo Pasta 375-500g  
Selected Varieties



We're family.

For recipes visit [sanremo.com.au](http://sanremo.com.au)

[f](https://www.facebook.com/sanremopasta) [i](https://www.instagram.com/sanremopasta) [d](https://www.youtube.com/sanremopasta) [sanremopasta](http://sanremopasta.com.au)





## — FILL UP THE *Pantry* —



Praise  
Whole Egg  
Squeeze  
Mayo  
470-500g  
Selected  
Varieties

**\$6**  
ea

**SAVE \$2**



Heinz  
Seriously  
Good  
Mayonnaise,  
Aioli or  
Tartare  
295mL  
Selected  
Varieties  
\$1.27 per 100mL

**\$3.75**  
ea

**SAVE \$1.75**



Cadbury  
Baking  
Chocolate  
Chips 200g,  
Melts 225g or  
Block 180g  
Selected  
Varieties

**\$3.60**  
ea

**SAVE \$2.40**



White Wings  
Cornflour 300g  
\$10 per kg

**\$3**  
ea

**SAVE 40¢**



CSR Soft Icing  
Mixture 1kg  
40¢ per 100g

**\$4**  
ea

**HOT BUY**



CSR Raw Sugar 1kg  
25¢ per 100g

**\$2.50**  
ea

**HOT BUY**



Maggi Original  
Seasoning 200mL  
\$2.10 per 100mL

**\$4.20**  
ea

**SAVE 80¢**



CSR Coconut  
Sugar 250g  
\$1.60 per 100g

**\$4**  
ea

**MATCHED**

**PRICE  
MATCHED**



SPC Fruits in Juice  
or in Nectar 825g  
Selected Varieties  
64¢ per 100g

**\$5.30**  
ea

**MATCHED**



Pandaroo Coconut  
Cream 400mL  
Selected Varieties  
45¢ per 100mL

**\$1.80**  
ea

**SAVE 20¢**

**Low  
Prices  
EVERY DAY**



John West Tuna  
Slices 125g  
Selected Varieties  
\$27.60 per kg

**\$3.45**  
ea

**LOW PRICE**



John West Wild  
Alaskan Pink  
Salmon 415g  
\$19.28 per kg

**\$8**  
ea

**LOW PRICE**



# FILL UP THE *Pantry*

**IGA**



Old El Paso  
Dinner Kit  
290-520g  
Selected  
Varieties

**\$6.50**  
ea

**SAVE \$2**



Continental  
Cup A Soup  
2 Serve  
Selected  
Varieties

**\$2**  
ea

**SAVE 80¢**



Mission Naan Bread  
4 Pack or Mini 6 Pack  
Selected Varieties

**\$3.20**  
ea

**SAVE 90¢**



Continental Pasta  
& Sauce 85-105g,  
Vegan Carbonara  
85g or Rice 115-125g  
Selected Varieties

**\$2.25**  
ea

**SAVE 75¢**



Mission Tortillas  
12 Pack Selected  
Varieties  
66¢ per 100g

**\$3.80**  
ea

**SAVE 70¢**



Heinz Soup Of  
The Day 430g  
Selected Varieties  
81¢ per 100g

**\$3.50**  
ea

**SAVE \$1**



Kraft Easy Mac 4 Pack  
Selected Varieties  
\$1.25 per 100g

**2 \$7**  
for

**SAVE \$3.20**



Sirena Ready  
To Eat 170-190g  
Selected Varieties

**\$3.40**  
ea

**SAVE 90¢**



**30% OFF**

**MUTTI**



Mutti Polpa  
Finely Chopped  
Tomatoes 400g  
\$4 per kg

**\$1.60**  
ea

**SAVE 70¢**



Mutti Passata  
Tomato Purée 700g  
48¢ per 100g

**\$3.35**  
ea

**SAVE \$1.45**



Mutti Pasta  
Sauce 400g  
Selected Varieties  
79¢ per 100g

**\$3.15**  
ea

**SAVE \$1.35**

**MUTTI.**  
**WHEN YOU KNOW,**  
**YOU KNOW.**





## EASY Meals



**\$4.50**  
ea

**SAVE \$1.50**

Lean Cuisine Frozen Meal  
280g Selected Varieties  
\$1.61 per 100g



Serving Suggestion



**\$6**  
ea

**SAVE \$2**

On The Menu Big Feast Frozen  
Meal 480-500g Selected Varieties



**\$5.20**  
ea

**HOT BUY**

San Remo Fresh Filled Pasta  
350g Selected Varieties  
\$1.49 per 100g



**\$8**  
ea

**SAVE \$2**

McCain Pub Size  
Frozen Meal 480-500g  
Selected Varieties



**\$5.50**  
ea

**SAVE \$1.80**

Pacific West Spring  
Rolls 430g or  
Dim Sims 400g  
Selected Varieties



**\$4.60**  
ea

**SAVE \$1.20**

McCain Hash  
Browns 750g  
\$6.13 per kg



**\$3.50**  
ea

**HOT BUY**

McCain Frozen  
Vegetables 500g  
Selected Varieties  
\$7 per kg



**\$4.20**  
ea

**LOW PRICE**

La Famiglia Kitchen Cheesy Garlic Bread 190g  
\$2.21 per 100g



# — FRIDGE Faves —



Jalna A2 Protein All Natural Yoghurt 1kg  
Selected Varieties  
70¢ per 100g

**\$7**  
ea

**SAVE \$1.80**



Jalna Pot Set Yoghurt 2kg  
Selected Varieties  
63¢ per 100g

**\$12.60**  
ea

**HOT BUY**



Pauls Double Thick Creamy Custard 900g  
Selected Varieties  
56¢ per 100g

**\$5**  
ea

**SAVE \$1.50**



Pauls Plus+ Protein Yoghurt 160g  
Selected Varieties  
\$1.25 per 100g

**\$2**  
ea

**SAVE 90¢**



Jalna Pot Set Lactose Free Yoghurt or Farm to Pot Organic Greek Yoghurt 1kg  
Selected Varieties  
70¢ per 100g

**\$7**  
ea

**HOT BUY**



Wicked Sister Desserts 2 Pack  
Selected Varieties

**\$3.60**  
ea

**SAVE \$1.30**



Pauls Plus+ Protein Yoghurt Pouch 150g  
Selected Varieties  
\$1.13 per 100g

**\$1.70**  
ea

**SAVE \$1.20**



Tamar Valley Greek Style Yoghurt 170g  
Selected Varieties  
\$1.12 per 100g

**\$1.90**  
ea

**SAVE \$1**



Dairy Farmers Thick & Creamy Yoghurt 550-600g  
Selected Varieties

**\$4.40**  
ea

**SAVE \$1.10**



Oak Flavoured Milk or Ice Break Real Coffee 750mL  
Selected Varieties  
\$5.33 per Litre

**\$4**  
ea

**SAVE 90¢**



Original Juice Co Black Label Orange Juice 1.5 Litre  
Selected Varieties  
\$3.67 per Litre

**\$5.50**  
ea

**SAVE \$1**



Mildura Fruit Drink 2 Litre  
Selected Varieties  
\$2 per Litre

**\$4**  
ea

**SAVE 50¢**





## — FRIDGE *Faves* —



BETTER THAN

**1/2**  
PRICE

**\$3** ea

SAVE \$3.70

Primo  
Wood  
Smoked  
Short Cut  
Rindless  
Bacon 175g  
\$17.14 per kg



**\$6** ea

HOT BUY

Bega  
Sliced  
Cheese  
15 Pack  
Selected  
Varieties  
\$24 per kg



**\$7.50** ea

SAVE \$1.50

Kraft  
Singles  
Cheese  
Slices  
24 Pack  
Selected  
Varieties  
\$17.36 per kg



**\$9.15** ea

SAVE \$1.30

Mil Lel Parmesan  
Cheese Block 250g  
\$36.60 per kg



**\$7.50** ea

HOT BUY

Devondale Butter  
Block 500g  
Selected Varieties  
\$1.50 per 100g



**\$4** ea

HOT BUY

Flora Spread 500g  
Selected Varieties  
80¢ per 100g

**Low  
Prices**  
EVERY DAY



**\$4.50** ea

LOW PRICE

Red Rock  
Deli Dip 135g  
Selected Varieties  
\$3.33 per 100g



**\$7.50** ea

LOW PRICE

Cheer Cheese  
Block 400g  
Selected Varieties  
\$18.75 per kg



**\$6.70** ea

LOW PRICE

Western Star  
Spreadable 500g  
Selected Varieties  
\$1.34 per 100g



**\$14.90** ea

LOW PRICE

Hutton's Smoked  
Short Cut Bacon 1kg  
\$14.90 per kg



**2 for \$6.70**

LOW PRICE

Primo Shaved or  
Sliced Meat 80-100g  
Selected Varieties



**\$9.25** ea

LOW PRICE

Tassal Sliced Smoked  
Salmon 100g  
\$92.50 per kg



## — FREEZER *Faves* —



Serving Suggestion



Birds Eye Deli Frozen Seafood  
225-250g Selected Varieties

**\$8**<sub>ea</sub>

**SAVE \$2**



Birds Eye Salmon  
Cakes with Vegetables  
& Herbs 480g  
\$14.58 per kg

**\$7**<sub>ea</sub>

**LOW PRICE**



Birds Eye Fish  
Fingers 375g  
\$13.33 per kg

**\$5**<sub>ea</sub>

**SAVE \$1.50**



Birds Eye Deli  
Seasoned Chips,  
French Fries or  
Roast Potatoes 600g  
Selected Varieties  
\$8 per kg

**\$4.80**<sub>ea</sub>

**SAVE \$2.20**





## — DESSERT *Faves* —



**1/2  
PRICE**



**\$4.75**  
ea

**SAVE \$4.75**

Peters Drumstick  
4 Pack or Minis 6 Pack  
Selected Varieties

**\$4**  
ea

**SAVE \$4**

Peters  
Original Twin  
Pole 8 Pack  
Selected  
Varieties



**\$8.50**  
ea

**SAVE \$3.50**

Cadbury  
Ice Cream  
Sticks 4 Pack  
Selected Varieties  
\$2.36 per 100mL



**\$8.70**  
ea

**SAVE \$2.20**

Peters Original  
Ice Cream 4 Litre  
Selected Varieties  
22¢ per 100mL



**\$6.50**  
ea

**SAVE \$3**

Weis Bar 4 Pack or  
Mini 6 Pack Selected  
Varieties



**\$7**  
ea

**SAVE \$2**

Streets Cyclone  
8 Pack or Calippo  
Minis 10 Pack  
Selected Varieties



**\$8**  
ea

**SAVE \$4**

Bulla Murray St Ice  
Creamery 4 Pack  
Selected Varieties  
80¢ per 100mL



**\$8**  
ea

**SAVE \$3**

Bulla Murray St Ice  
Creamery 4 Pack  
Selected Varieties  
\$2 per 100mL



**\$6**  
ea

**SAVE \$3**

Peters Frosty  
Fruits 6-8 Pack  
Selected Varieties



**\$7**  
ea

**SAVE \$3**

Streets Golden  
Gaytime or  
Paddle Pop 1 Litre  
Selected Varieties  
70¢ per 100mL



**\$8.50**  
ea

**SAVE \$3**

Peters Maxibon 4 Pack  
Selected Varieties  
\$1.52 per 100mL



**\$20**  
ea

**SAVE \$6**

Streets Ice Cream  
Family Value 20 Pack  
\$1.33 per 100mL



# — FREEZER Faves —



Four'N  
Twenty Meat  
Pies 4 Pack  
Selected  
Varieties  
\$1.18 per 100g

**\$8<sup>25</sup>** ea

**HOT BUY**

Birds Eye  
Seasoned  
Sides 600g  
Selected  
Varieties  
\$9.33 per kg

**\$5<sup>60</sup>** ea

**SAVE \$1.40**



Patties Mini  
Mix 40 Pack  
\$1.45 per 100g

**\$14<sup>50</sup>** ea

**SAVE \$3.50**



Birds Eye Stir Fry  
Vegetables Value Pack  
850g Selected Varieties  
\$6.47 per kg

**\$5<sup>50</sup>** ea

**LOW PRICE**



**\$7** ea

**SAVE \$2**

McCain Pizza  
Slices 540-600g  
Selected Varieties



McCain Beer Batter  
Chips or Wedges 750g  
Selected Varieties  
\$5.33 per kg

**\$4** ea

**SAVE \$1.80**



McCain Pub Style  
Crispy Cauliflower or  
Broccoli Fries 500g  
\$9 per kg

**\$4<sup>50</sup>** ea

**SAVE \$2**

**HACK YOUR  
SNACK  
TIME**





## — PET Essentials —



Purina Fancy Feast Wet Cat Food 85g Selected Varieties  
\$1.18 per 100g

**\$1** ea

**HOT BUY**



Purina Felix Cat Treats 60g Selected Varieties  
\$5 per 100g

**\$3** ea

**SAVE \$1.50**



Purina Felix Wet Cat Food 12x85g Selected Varieties  
88¢ per 100g

**\$9** ea

**SAVE \$5.50**



Dine Fresh & Fine Wet Cat Food 6x50g Selected Varieties  
\$1.78 per 100g

**\$5.35** ea

**SAVE 95¢**



Dine Fillets Wet Cat Foods 60g Selected Varieties  
\$2.67 per 100g

**\$1.60** ea

**SAVE 70¢**



Dine Wet Cat Food 7x85g Selected Varieties  
\$1.18 per 100g

**\$7** ea

**SAVE \$3**



Purina Friskies Dry Cat Food 700g Selected Varieties  
64¢ per 100g

**\$4.50** ea

**SAVE \$1.10**



Purina One Dry Cat Food 1.4-1.5kg Selected Varieties

**\$16** ea

**SAVE \$4**



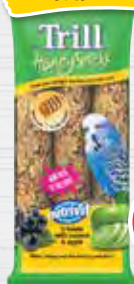
Dine Creamy Treats 4x12g Selected Varieties  
\$5.83 per 100g

**\$2.80** ea

**SAVE \$1.20**

**30% OFF**

**TRILL^**



Trill Honey Sticks Bird Treats 3 Pack Selected Varieties  
^excludes Low Prices Every Day  
\$2.81 per 100g

**\$2.95** ea

**SAVE \$1.30**



Snappy Tom Naturals Wet Cat Food 400g Selected Varieties  
41¢ per 100g

**\$1.65** ea

**SAVE \$1**



Breeder's Choice Cat Litter 15 Litre  
\$1.13 per Litre

**\$17** ea

**SAVE \$4.50**



V.I.P. Dog Food Roll 3kg Selected Varieties  
(Refrigerated Pet Food)  
23¢ per 100g

**\$6.75** ea

**SAVE \$2.25**



## — PET *Essentials* —



### OPTIMUM™

Tailored nutrition  
for every life stage.



**VET RECOMMENDED**  
By Dr. Cherlene Lee

© 2025 Mars or Affiliates.



**\$110**  
ea

**SAVE 80¢**

Optimum Wet Dog  
Food 85-100g  
Selected Varieties



**\$240**  
ea

**SAVE \$1.05**

Optimum Wet Dog Food  
400g Selected Varieties  
60¢ per 100g



**\$1610**  
ea

**SAVE \$6.90**

Optimum Dry  
Dog Food  
2.5-3kg Selected  
Varieties



My Dog Wet  
Dog Food 100g  
Selected Varieties  
\$1.05 per 100g

**\$105**  
ea

**SAVE 75¢**



© 2025 Mars or Affiliates.



My Dog Dry  
Dog Food  
1.5kg Selected  
Varieties  
65¢ per 100g

**\$980**  
ea

**SAVE \$4.20**



My Dog Tender  
Bites Gourmet  
Treats 100g  
Selected  
Varieties  
\$3.60 per 100g

**\$360**  
ea

**SAVE 90¢**

**Delicious Gourmet  
Food for Dogs**



**Pedigree**

**Choose  
complete nutrition  
& healthy treats**



**\$1050**  
ea

**SAVE \$4.50**

Pedigree Dry Dog  
Food 2.5-3kg  
Selected Varieties

© 2025 Mars or Affiliates.



**\$280**  
ea

**HOT BUY**

Pedigree Wet  
Dog Food 700g  
Selected Varieties  
40¢ per 100g



**Treat them to  
LIPSCHMACKIN'™  
TASTE**



**\$1190**  
ea

**SAVE \$5.10**

Schmackos Strapz or  
Stix Dog Treats 500g  
Selected Varieties  
\$2.38 per 100g



**MADE WITH  
REAL MEAT**



**AUSTRALIAN  
MADE**



**NO ARTIFICIAL  
FLAVOURS**

© 2025 Mars or Affiliates.



# — HOUSEHOLD *Essentials* —



Heat Beads  
Easy-Lite BBQ  
Briquettes 3kg  
42¢ per 100g

**\$12<sup>50</sup>**  
ea

SAVE \$1.45

**40% OFF**

DÉCOR FRESH SEAL  
AND VENT & SEAL



Décor Fresh Seal  
Clips Oblong  
Container 1 Litre

**\$3<sup>90</sup>**  
ea

SAVE \$2.60



ARMOR ALL  
CAR CARE<sup>^</sup>

**\$11<sup>55</sup>**  
ea

SAVE \$4.95

Armor All  
Protectant 300mL  
<sup>^</sup>excludes Low  
Prices Every Day

**30% OFF**

RANGES



Sellotape  
Sticky Tape  
18mmx25m with  
Dispenser 1 Pack

**\$2<sup>75</sup>**  
ea

SAVE \$1.20

SELLOTAPE

BETTER THAN  
HALF PRICE

**\$3**  
ea

SAVE \$4

Bref Rim  
Block Toilet  
Cleaner  
42-50g  
or Gel  
600-700mL  
Selected  
Varieties



Finish Ultimate  
All in One  
Lemon Sparkle  
Dishwashing  
Tabs 45 Pack  
63¢ each

50% OFF  
FINISH ULTIMATE PLUS

**\$28<sup>50</sup>**  
ea

SAVE \$28.50



**1/2  
PRICE**



**\$18**  
ea

SAVE \$18

Cold Power Laundry  
Liquid 4 Litre  
Selected Varieties  
\$4.50 per Litre



**\$10<sup>50</sup>**  
ea

SAVE \$10.50

OMO 3 in 1 Laundry  
Capsules 17 Pack  
Selected Varieties  
62¢ each



Pine O Cleen  
Disinfectant  
Liquid  
1.25 Litre  
Selected  
Varieties\*  
\$3.96 per Litre

**\$4<sup>95</sup>**  
ea

SAVE \$3.05



Dynamo  
Professional  
Discs  
28 Pack  
Selected  
Varieties  
57¢ each

**\$16**  
ea

SAVE \$16



Palmolive Ultra  
Dishwashing  
Liquid 500mL  
Selected  
Varieties  
50¢ per 100mL

**\$2<sup>50</sup>**  
ea

SAVE \$2.50



Vanish  
NapiSan Oxi  
Action Stain  
Remover 1kg  
Selected  
Varieties  
\$9 per kg

**\$9**  
ea

HOT BUY



Fab  
Laundry  
Liquid  
1.8-2 Litre  
or Powder  
1.8-2kg  
Selected  
Varieties

**\$7**  
ea

HOT BUY



Finish Rinse  
and Shine  
Aid 250mL  
\$1.92 per 100mL

**\$4<sup>80</sup>**  
ea

HOT BUY



# — HOME, HEALTH & Baby —

**IGA**



BabyLove Nappy Pants 22-34 Pack Selected Varieties

**\$16** ea

**HOT BUY**



U By Kotex Pads 6-16 Pack Selected Varieties

**\$3.95** ea

**HOT BUY**



Viva Paper Towel or Cooking Towel 3 Pack Selected Varieties

**\$3.50** ea

**HOT BUY**



BabyLove Baby Wipes with Aloe, Chamomile & Vitamin E 80 Pack \$5 per 100 units

**\$4** ea

**HOT BUY**



Only Organic Baby Food 120g Selected Varieties \$1.79 per 100g

**\$2.15** ea

**LOW PRICE**



Quilton Gold Toilet Tissue 4 Ply 6 Pack 54¢ per 100 sheets

**\$4.50** ea

**SAVE \$1.30**



Alula Gold Stage 3 Toddler 1 Year+ Premium Milk Drink 900g \$2.72 per 100g

**\$24.50** ea

**LOW PRICE**



Multix Alfoil or Non Stick Bake Paper 20m x 30cm 23¢ per metre

**\$4.50** ea

**SAVE \$1.60**



Multix Cling Wrap 60m x 33cm 4¢ per metre

**\$2.60** ea

**SAVE \$1.50**



icare WipeX Pick a Size Paper Towel 3 Pack \$1.17 per 100 sheets

**\$3.50** ea

**SAVE \$1**



Energizer Max Plus AA or AAA Batteries 10 Pack \$1.13 each

**\$11.25** ea

**SAVE \$11.25**



Energizer Max AA or AAA Batteries 4 Pack \$1.63 each

**\$6.50** ea

**HOT BUY**



Multix Super Strong Large Tidy Bags 18 Pack or Drawtight Extra Large Garden Bags 3 Pack

**\$3.40** ea

**SAVE 60¢**



Kleenex Wellbeing Facial Tissues 95 Pack or Allergy Comfort 85 Pack Selected Varieties

**\$2.60** ea

**LOW PRICE**





## — HEALTH & Beauty —



**\$250**  
ea

**SAVE \$2.50**

Dove Deodorant  
Roll On 50mL  
Selected Varieties  
\$5 per 100mL



**\$245**  
ea

**SAVE \$2.45**

Dove Beauty  
Cream  
Bar 2x90g  
Selected  
Varieties  
\$1.36 per 100g



**\$575**  
ea

**SAVE \$5.75**

Dove Advanced  
Care Antiperspirant  
Spray 250mL  
Selected Varieties  
\$2.30 per 100mL

**50% OFF**

**DOVE<sup>^</sup>**

<sup>^</sup>excludes Travel Size, Low  
Prices Every Day & Price Match

Dove Summer  
Glow Body  
Lotion 250mL  
Selected Varieties  
\$1.90 per 100mL

**\$475**  
ea

**SAVE \$4.75**



Dove Antiperspirant  
Spray 250mL  
Selected Varieties  
\$1.90 per 100mL

**\$475**  
ea

**SAVE \$4.75**



Dove 0% Aluminium  
Salts Deodorant 200mL  
Selected Varieties  
\$2.13 per 100mL

**\$425**  
ea

**SAVE \$4.25**

BIC Comfort 3 Advance  
Shavers 4 Pack  
78¢ each

**50% OFF  
BIC MEN'S**

**\$310**  
ea

**SAVE \$3.10**



Redwin Sorbolene Daily  
Moisturiser 1.1 Litre  
50¢ per 100mL

**\$550**  
ea

**SAVE \$5.50**



**\$4**  
ea

**SAVE \$4**

Colgate 360° Toothbrush 2 Pack  
or Total Mint Waxed Dental  
Floss 100m Selected Varieties



Colgate Total Premium  
Toothpaste 200g  
Selected Varieties  
\$2.75 per 100g

**\$550**  
ea

**SAVE \$5.50**



**1/2  
PRICE**

**50% OFF  
BIC WOMEN'S**

**\$310**  
ea

**SAVE \$3.10**



BIC Soleil Twilight  
Disposable Razors 4 Pack  
78¢ each



Johnson's Facial  
Cleansing Wipes  
25 Pack Selected  
Varieties  
14¢ each

**\$360**  
ea

**SAVE \$3.60**

**50% OFF  
OGX<sup>^</sup>**

**\$1150**  
ea

**SAVE \$11.50**

OGX Shampoo or Conditioner  
385mL Selected Varieties  
<sup>^</sup>excludes Low Prices Every Day, Price  
Match & Travel Size  
\$2.99 per 100mL



Nature's Way  
Vita Gummies  
for Adults  
120 Pack  
Selected  
Varieties\*  
<sup>^</sup>excludes Low  
Prices Every Day  
& Price Match  
\$10 per 100 units

**50% OFF NATURE'S  
WAY VITAMINS<sup>^</sup>**

**\$12**  
ea

**SAVE \$12**



# — HEALTH & Beauty —



**30% OFF**

**RANGES**

**HYDRALYTE<sup>^</sup>**

**\$6<sup>05</sup>**  
ea

**SAVE \$2.65**

Hydralyte  
Effervescent  
Electrolyte  
Tablets 10 Pack  
Selected Varieties\*  
^excludes Price Match  
61¢ each

Steradent  
Extra Strength  
Denture  
Cleansing  
Tablets 30 Pack  
14¢ each

**STERADENT**

**\$4<sup>20</sup>**  
ea

**SAVE \$1.80**



Colgate  
Advanced  
Whitening  
or MaxFresh  
Toothpaste  
115g Selected  
Varieties  
\$3.48 per 100g

**\$4**  
ea

**SAVE \$2.50**



Palmolive Foaming  
Hand Wash 250mL  
Selected Varieties  
\$1.20 per 100mL

**\$3**  
ea

**HOT BUY**



Palmolive Body Butter  
or Luminous Oils  
Body Wash 400mL  
Selected Varieties  
\$1.13 per 100mL

**\$4<sup>50</sup>**  
ea

**HOT BUY**



Palmolive  
Naturals Shampoo or  
Conditioner 350mL  
Selected Varieties  
\$1.14 per 100mL

**\$4**  
ea

**HOT BUY**



Difflam  
Plus Sore  
Throat Relief  
Lozenges  
16 Pack  
Selected  
Varieties\*\*  
44¢ each

**\$7**  
ea

**SAVE \$3**



Panadol Extra  
Paracetamol  
& Caffeine  
Caplets  
16 Pack\*\*  
34¢ each

**\$5<sup>50</sup>**  
ea

**SAVE 90¢**



Napro  
Palette Hair  
Colour 1 Pack  
Selected  
Varieties

**\$8<sup>50</sup>**  
ea

**HOT BUY**



Palmolive  
Naturals  
Anti-Dandruff  
2-in-1  
Shampoo &  
Conditioner  
350mL  
\$1.14 per 100mL

**\$4**  
ea

**HOT BUY**



Isocol Rubbing  
Alcohol  
Antiseptic  
345mL\*  
\$2.74 per 100mL

**\$9<sup>45</sup>**  
ea

**HOT BUY**



Betadine  
Sore Throat  
Gargle 120mL\*  
\$9.92 per 100mL

**\$11<sup>90</sup>**  
ea

**SAVE \$5.10**



Betadine  
Antiseptic  
Topical  
Solution  
15mL\*  
\$65.33 per 100mL

**\$9<sup>80</sup>**  
ea

**SAVE \$4.20**



Medix Saline  
Nasal Spray  
30mL\*  
\$17.83 per 100mL

**\$5<sup>35</sup>**  
ea

**SAVE \$1.40**



OVER 200 SAVINGS INSIDE

**\$3.50**  
ea

**SAVE \$3.50**

Pedigree Dentastix  
Daily Oral Care 7 Pack  
Selected Varieties



**\$9.50**  
ea

**SAVE \$9.50**

SunRice Australian  
Medium Grain Calrose  
Rice or Brown Rice 5kg  
19¢ per 100g



**1/2  
PRICE**



**\$2.20**  
ea

**SAVE \$2.20**

Gatorade or Gatorade  
G-Active Electrolyte Water  
600mL Selected Varieties  
\$3.67 per Litre



Sanitarium  
Up & Go 3x250mL  
Selected Varieties  
\$4.33 per Litre

**\$3.25**  
ea

**SAVE \$3.25**



**\$3.50**  
ea

**SAVE \$3.50**

Nestlé Chocolate  
Block 118-180g  
Selected Varieties



**\$11.50**  
ea

**HOT BUY**

Cheer Cheese  
Block 1kg  
Selected Varieties  
\$11.50 per kg



**\$19.50**  
ea

**SAVE \$13**

Moccona Freeze  
Dried Coffee 400g  
Selected Varieties  
\$4.88 per 100g



**\$24.75**  
ea

**SAVE \$16.50**

Coca-Cola  
24x375mL  
Selected  
Varieties  
\$2.75 per Litre

Savings are off regular prices. In certain stores, some regular prices have been reduced to ensure you receive the lowest competitive price so savings shown may differ from the actual saving in your store. Price Match at participating stores only. Prices matched weekly to Woolworths or Coles everyday shelf price, excludes specials. Terms and conditions apply. To find out more, visit [iga.com.au/pricematch](http://iga.com.au/pricematch). Specials not available at IGA X-press. Liquor products available only at IGA Plus Liquor stores. We reserve the right to limit purchases to reasonable quantities. Commercial quantities not supplied. See in-store for details. We reserve the right to correct printing errors. Pricing and specials not available via 3rd party online delivery platforms.

Specials available at Agnes Water, Bamford Lane, Baringa, Beaudesert, Bli Bli, Boonah, Bowen, Brilbie Island, Bundaberg Central, Bundamba, Burpengary, Byron Bay, Caloundra, Capestone-Mango Hill, Cleveland, Cooroy, Daisy Hill, Edmonton, Esk, Fresh St. Market, Garbutt, Gatton, Gayndah, Gin Gin, Gordonvale, Hatton Vale, Inverell, Kilcoy, Kingaroy, Kuranda, Kyogle, Laidley, Maclean, Maleny, Manooro, Mareeba, Mt Cotton, Murgon, Nanango, Noosa, Bundaberg North, North Rockhampton, Oakey, Pittsworth, Port Douglas, Proserpine, Robina, Roma, Sarina, Russell Island, Southport, Stanthorpe, Tamborine Mountain, Toogoolawah, Tully, Warwick, Woodford.



To view specials at your store go to:  
[www.iga.com.au/catalogue](http://www.iga.com.au/catalogue)

Some products or varieties may not be available at all stores. While stocks last.

**ON SALE 5<sup>TH</sup> MARCH 2025**